



Post-Performance Classroom Activity

Write a Fidgety Fairy Tale

1. Review the symptoms of AD/HD on the fact sheet featuring Little Hood. Discuss how the performance illustrated those symptoms.
 - What symptoms of AD/HD did you see in the play?
 - If Little Hood tried harder, could she have stopped bothering her family?
 - How did having AD/HD make life difficult for Little Hood?
 - Did having AD/HD help Little Hood at all?
 - Without naming names, is there anyone in your life who has AD/HD? Did the way Little Hood acted remind you of that person?
 - Why do people with AD/HD often get labeled as “naughty?” Is that fair?
 - Did seeing *Fidgety Fairy Tales* change how you think about people with AD/HD? In what ways?
2. Share with your students other symptoms that someone diagnosed with AD/HD might experience. A person with AD/HD may:
 - Have a short attention span
 - Be unable to stay organized
 - Be unable to stay seated
 - Make lots of mistakes
 - Run around and climbs on things excessively
 - Blurt out an answer before a question is completed
 - Have trouble taking turns in games or activities.
3. Brainstorm other fairy tale characters that could embody some of these symptoms. For example:
 - *Jack and the Beanstalk* – What if Jack’s inattentiveness caused him to sell his cow for beans while his hyperactivity caused him to climb on things excessively...even giant beanstalks?
 - *Goldilocks and the Three Bears* – What if Goldilock’s hyperactivity caused her to run around the Bears’ house, break their chairs, spill their breakfast, and mess up their nicely made beds?
4. As a class or individually, retell and write the fairy tale. Encourage students to be mindful about whether their portrayals reinforce positive or negative stereotypes of people living with AD/HD.



Taking it further...

Adapt the stories into an illustrated storybook, play, or puppet show. Share the stories with a younger grade.

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