



2017 MACMH Child & Adolescent Mental Health Conference

April 23 – 25 | Duluth, MN | 21st Annual

Travel Guide

Transportation from Duluth Airport

TAXI

Taxi service is approximately \$17-\$20 one-way to or from the airport. Scheduling your taxi ahead of time is recommended.

| | |
|-----------------------|--------------|
| Airport & Duluth Taxi | 218-721-2622 |
| Hillside Cab | 218-355-8962 |
| Yellow Door Taxi | 218-428-0911 |

SHUTTLE SERVICE

The Inn on Lake Superior, Sheraton, Pier B Resort, and Holiday Inn & Suites (four of our recommended and discounted hotels) offer complimentary shuttle services to and from the airport for guests staying with them. To arrange for shuttle service, contact the hotels directly and provide your name, phone number, time of arrival, and flight number.

Getting around Duluth

Once you are in Canal Park, most destinations are reachable by foot.

The Duluth Entertainment Convention Center (DECC) is about a 10-minute walk from any hotel within Canal Park. Please note the small drawbridge on the map below that spans the canal between the DECC and Canal Park.

For longer distances, or rides to and from the airport, we recommend calling one of the taxi companies listed.

Recommended Hotels

We recommend booking a hotel in Canal Park, Duluth's tourist area, which is within walking distance to the DECC, restaurants, and other attractions.

Hotels highlighted on the map below are offering special discounted conference rates. If you choose to drive, parking is \$5 per day at the DECC.

To book a discounted room, call the hotel and ask for the MACMH Conference rate. Visit macmh.org/conference and click on "Hotels".

1 Canal Park Lodge • \$109+ • 800-777-8560

2 Hampton Inn • \$129+ • 218-720-3000

3 Inn on Lake Superior • \$106+ • 888-668-4352

4 Comfort Suites • \$109+ • 218-727-1378

5 Park Point Marina Inn • \$119+ • 218-491-7111

6 The Suites • \$85+ • 800-794-1716

7 Holiday Inn & Suites* • \$92+ • 218-722-1202

8 Sheraton • \$119+ • 218-733-5660

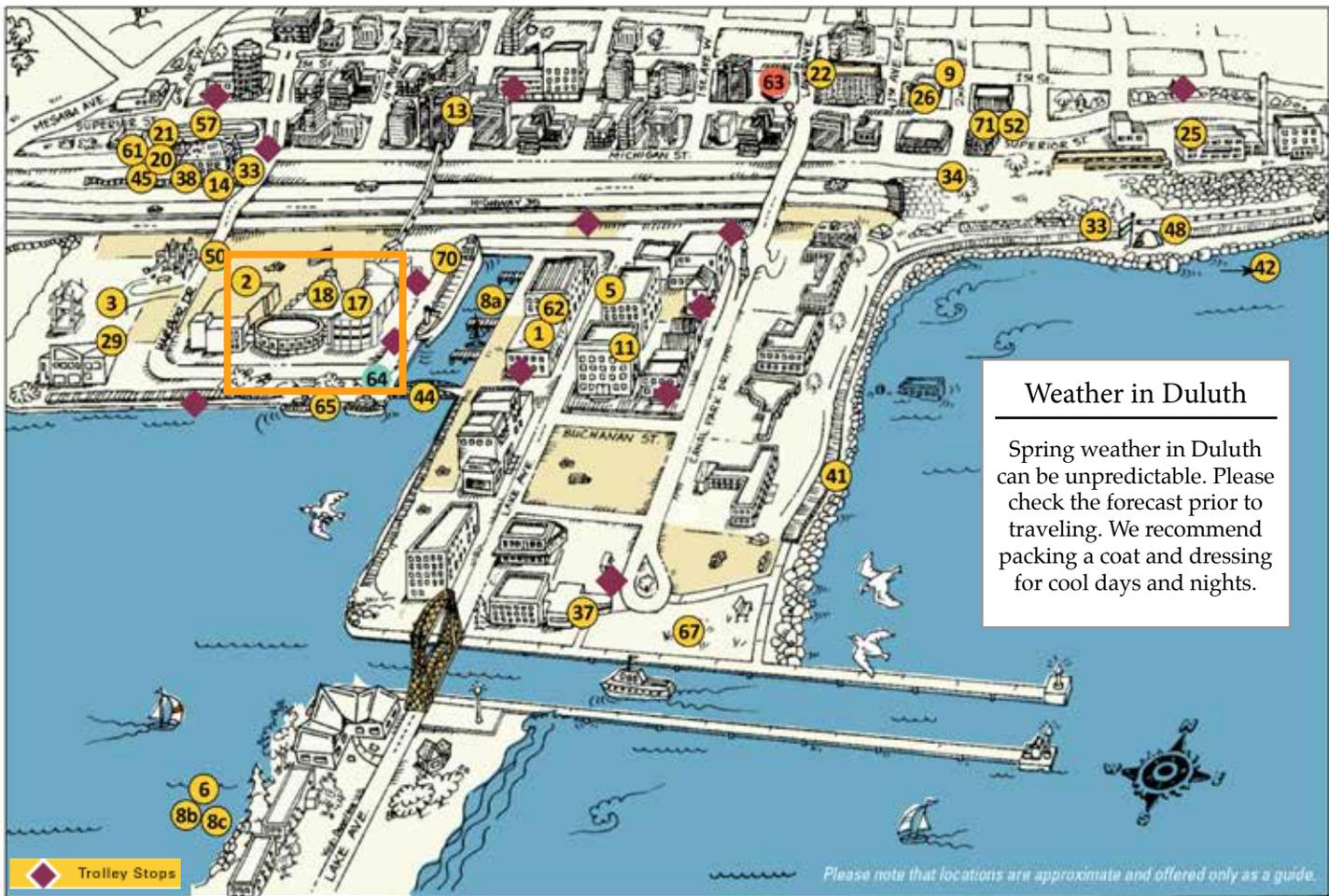
9 Pier B Resort • \$119+ • 218-481-8888

*Holiday Inn & Suites is attached directly to the DECC by skyways.

Minnesota Association for Children's Mental Health • MACMH

165 Western Ave N, Suite 2, Saint Paul, MN 55102-4613 • www.macmh.org • 800-528-4511

Canal Park & Downtown Duluth Attractions



Weather in Duluth

Spring weather in Duluth can be unpredictable. Please check the forecast prior to traveling. We recommend packing a coat and dressing for cool days and nights.

DULUTH AREA

- | | | | |
|---|---|--|---|
| 1. Adventure Zone | 20. The Duluth Playhouse | 40. Lakeside/Lester Park | 58. Thompson Hill Visitor Information Center |
| 2. AMSOIL® Arena | 21. Duluth Public Library | 41. Lakewalk | 59. Tweed Museum of Art |
| 3. Bayfront Festival Park | 22. Duluth Technology Village | 42. Leif Erikson Park (Rose Garden) | 60. University of Minnesota Duluth |
| 4. Brighton Beach/Kitchi Gammi Park | 23. Enger Tower | 43. Miller Hill Mall | 61. Veterans Memorial Hall |
| 5. Canal Park Square | 24. Fairlawn Mansion | 44. Minnesota Slip Drawbridge | 62. Vertical Endeavors |
| 6. Canoe & Kayak Tours | 25. Fitger's Complex | 45. North Shore Scenic Railroad | 63. Visit Duluth - (21 West Superior Street) |
| 7. Captain J's Miniature Golf | 26. Fond du Luth Casino | 46. North Shore Snowmobile Trail | 64. Visit Duluth Visitor Center |
| 8. Charter Fishing Dock (Four Locations) | 27. Glensheen Historic Estate | 47. North Shore Visitor Center | 65. Vista Fleet Harbor Cruises |
| 9. Clayton-Jackson-McGhie Memorial | 28. Golf Courses (4) | 48. Northland Vietnam Veterans Memorial | 66. Wade Stadium (Home of the Duluth Huskies) |
| 10. College of St. Scholastica | 29. Great Lakes Aquarium | 49. Park Point Recreation Area & Beach House | 67. Waterfront: Canal Park & Aerial Lift Bridge |
| 11. DeWitt-Seitz Marketplace | 30. Hartley Nature Park | 50. Playfront Park on the Bay | 68. Western Waterfront/Willard Munger State Trail |
| 12. Douglas County Historical Society | 31. Hawk Ridge | 51. Richard I. Bong Veterans Historical Center | 69. Wheeler Field |
| 13. Downtown Shopping District | 32. Jay Cooke State Park | 52. Renegade Theatre Company | 70. William A. Irvin Ore Boat Museum |
| 14. Duluth Art Institute | 33. Korean Veterans Memorial | 53. Spirit Mountain Adventure Park | 71. Zeitgeist Arts Building |
| 15. Duluth Children's Museum | 34. Lake Place Park & Image Wall | 54. Spirit Mountain Recreation Area | |
| 16. Duluth Clydesdales Jr. Hockey Team | 35. Lake Superior & Mississippi Railroad | 55. S.S. Meteor Historic Whaleback Ship | |
| 17. Duluth Curling Club | 36. Lake Superior College | 56. Superior Whitewater Raft Tours | |
| 18. Duluth Entertainment Convention Center (DECC) | 37. Lake Superior Maritime Visitor Center | 57. The Depot/Visitor Information | |
| 19. Duluth Heritage Sports Center | 38. Lake Superior Railroad Museum | | |
| | 39. Lake Superior Zoo | | |

Restaurant Recommendations (by MACMH Staff)

Our favorite spots to grab a bite in Duluth!

Canal Park Brewing Company

A modern brewpub with a fresh take on eating and drinking well, using many local, organic, and sustainable ingredients.

300 Canal Park Drive
218-464-4790

Grizzly's

Wood-fired, homemade food! An excellent bar selection with 28 tap beers featuring local craft favorites.

301 South Lake Avenue
218-464-4681

Amazing Grace Bakery & Cafe

Healthy, made from scratch food in community space with hometown experience.

Dewitt-Seitz Marketplace
394 South Lake Ave
218-723-0075