Twin Cities and Greater Minnesota Food Resources
Entire Resource Guide is 56 Pages
As of November 29, 2016

This year we have added many additional food resources to this guide, in hopes of being a resource to individuals and families who live outside of the Metro Twin Cities area, as well as in the Twin Cities Metro areas. We have added the main Food Shelves and Food Resources which serve Greater Minnesota, especially focused on the areas in which we have Allina Health Hospitals and Clinics located.

Please utilize interpreters you have available to help make this information accessible to families where English is a second language. Thank you.

This Food Resource Guide is 56 pages in length. Please select and print the resource pages which serve the clients and families you are working with.

The first eight pages of this guide will be resource pages you will want to print and provide to most people who reside in the Twin Cities Metro Area. In addition, you will want to print the pages specific to their County of Residence.

The first eight pages list food resources which apply to Metro Twin Cities residents and are not specific to or limited by County of Residence. These resources include: meal delivery programs; grocery delivery shopping and delivery services; and pet food resources.

After the first eight pages, we then list Food Resources, grouped geographically by the counties and cities they serve. Pages 49 – 56 are dedicated to Greater Minnesota service areas.

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Thank You
We are so grateful for the dedicated, time-consuming, detailed work that our two valued volunteer Social Service Assistants (SSAs) have graciously contributed again this year. They have made the calls, verified listings, scoured the internet and community resources, to include all of the Food Resources in this guide, and joined me in making this Food Resource Guide possible. Please join me in thanking Betty Goodman, betty.goodman@allina.com and Kathy McMahon, Kathy.mcmahon@allina.com for their wonderful work and for their countless hours contributed to this project, which benefits so many! Thank you so much Betty and Kathy!

We recognize that we cannot list every resource available but we attempt to include the resources we become aware of and can verify.

If you would like to add your e-mail address to our distribution e-mail list or if you have additional resources to share with us, to include in this guide, please send an e-mail to Karen Frees, MSSW, LICSW with Courage Kenny Rehabilitation Institute, at karen.frees@allina.com. Thank you.

TWIN CITIES AND GREATER MINNESOTA FOOD SHELF RESOURCES
As of November 29, 2016

The first eight pages of this guide, list food resources which apply to Metro Twin Cities residents and are not specific to or limited by county of residence. These resources include: Meal Delivery Programs; food or Grocery Delivery Shopping and Delivery Services; Pet Food Resources; and other food resources.

METRO TWIN CITIES FOOD RESOURCES NOT LIMITED BY RESIDENCE
(Pages 1 – 8)

ALIVENESS PROJECT, 3808 Nicollet Ave. Minneapolis, 612-822-7946 www.aliveness.org
AREA SERVED: Persons living with HIV/AIDS in the State of Minnesota
HOURS: Meal Schedule: Lunch Monday – Friday 12:00 – 2 pm; Dinner Monday – Thursday 5 – 7 pm; Saturday Brunch 11 am – 1 pm. Food Shelf by appointment only.
VISITS ALLOWED: Once a month.
ID: Must be a member of the Aliveness Project
**Holiday: They are having Holiday Baskets with gifts, clothing, food and other items for members and their families: Check with Aliveness Project staff**

ANGEL FOUNDATION, 708 S. 3RD Street, Suite 106 W., Minneapolis, MN 55415, www.mnangel.org/
The Angel Foundation can only support cancer clients. Can provide financial assistance for basic non-medical bills such as rent, housing payments, utilities, food and other basic needs.
BRIDGE TO BENEFITS  http://mn.bridgetobenefits.org
Bridge to benefits is a multi-state project by Children’s Defense fund-Minnesota to improve the well-being of families and individuals by linking them to food, financial, public work support programs and tax credits. By answering a few simple question, you will be able to see if you or someone else may be eligible for public work support programs. Can find the nearest food shelf by entering your zip code.

COBORN’S DELIVERS  http://www.cobornsdelivers.com
Home delivery for groceries ordered online or by phone (763) 971-4900.

CRADLE OF HOPE, 1935 County Road B2, W., Roseville, MN  55113,  www.cradleofhope.org/
Cradle of Hope is a nonprofit organization which provides financial aid to pregnant women and to women with infants less than three months of age. They offer one-time assistance to mothers who are ineligible for aid from other resources and need immediate help with maternity-related expenses. Assistance is granted regardless of marital status, race, religion, age, or source of income.

EDEN PRAIRIE SHOPPING BUS
On Tuesday, Route 632 bus will travel to Cup Foods, Rainbow Foods, Walmart, Eden Prairie Center, and Eden Prairie Library for the cost of $1.00 each way.

FARE FOR ALL,  763-450-3880 or 1-800-582-4291   www.fareforall.org
Quality, affordable grocery packages, including meat and produce, available on certain days of the month. Open to everyone. Help stretch your grocery budget. Cash, credit, debit, and EBT accepted. Has a warehouse store open certain days of the month in New Hope. Also partners with numerous churches and community sites to provide 30 mobile sites, throughout the Metro area, where food packages are sold each month. Fare For All buys fresh produce and frozen meat in bulk from wholesalers and suppliers to find the best deals available. Volunteers at the warehouse pre-pack the produce and meat into food packages that range in price from $10 - $25. These packages are for sale at all Fare For All locations. There is no need to register in advance or to fill out any paperwork. Visit the web site for a complete schedule of the mobile site locations, dates and times. Offers a special Holiday package for $30.00 and this will be available in November and December. Holiday packs contain most of the fixings for a holiday meal, including a turkey in November and a ham in December.

THE FOOD GROUP, 8501 54TH Avenue N. Minneapolis, 55428   http://thefoodgroupmn.org  (Formerly Emergency Foodshelf Network, Inc.)  763-450-3860.
A service to call and they will route a person to the closest food shelf near their home. Check their web site for other programs. They have information about multi-cultural food resources.
**Holiday: Baskets of Hope – baskets delivered to local food shelves. Check with your food shelf**

FOOD PANTRIES.ORG   www.foodpantries.org
Can search for food pantries close to you by entering your address or by clicking of Minnesota Cities list.

GOPHER GROCERY   www.gophergrocery.com
Provides delivery of groceries to numerous select zip code delivery areas. Probably compare to Cub Foods, online only – delivery charge is $2.00. 612-379-1007.

HELPER SQUAD   www.helpersquad.com
Helps aging adults live in their homes by assisting with: errands, shopping, cleaning, pet service, household, yard work, etc. Their services are not limited, just let them know how they can help. 612-284-1694.
HOLY TRINITY MISSION (HTM) MOBILE FOOD SHELVES, 13335 Palomino Drive, Suite 204, Apple Valley, MN 55124, 612-709-6762.

HTM Mobile Food Shelf partners with the community in supplying food at both permanent and temporary sites for those who cannot afford to purchase food on their own. One of the ways we differ from most food shelves is in not having financial/income guidelines or geographical borders making it possible to serve those who the county food shelves don’t. Our goal is not to replace the county’s food shelves but to provide for those who cannot receive help from any other agency. Our local volunteers are purposeful about bringing neighborhoods and those we serve together, “To help one another.”

Another way we differ is by taking time with each client, giving them the opportunity to share what is happening in their life, offering to pray with them for their concerns, giving them practical help and hope at a time many find themselves overwhelmed, confused and friendless.

There are many situations that may put someone in need of help: Job loss, illness, abandonment, death of the wage earner- the list goes on. Anyone of us could find ourselves needing help.

HOME-DELIVERED MEALS
Some resources (like Meals on Wheels) deliver meals to the home of seniors or disabled individuals who are home-bound. To find a resource:
Call the Senior LinkAge Line at 1-800-333-2433 or Disability Linkage Line at 1-866-333-2466.
Can also do an on-line search at www.minnesotahelp.info
Or contact Meals on Wheels at www.meals-on-wheels.com or call 612-623-3363.

HUNGER SOLUTIONS, www.hungersolutions.org 651-486-9860
This site helps people locate food resources in Minnesota. Can search by zip code, city or county. Operates Minnesota Food Helpline, 1-888-711-1151. They will assess a person’s situation and provide solutions to the food needs. Hours: M – F 8:30 am – 4:30 pm. Also has some information about pet food resources.

Delivery within a four-hour window of time. “Aisles Online Shopping”. Delivery charge of$4.95 or if order is over $100, delivery is free. Have to be home to sign a release form at delivery. Ask for them to come in the house when you order. Oakdale, MN store at 651-714-3162 and New Hope, MN store at 763-531-7400.

LOAVES AND FISHES, 1121 NE Jackson St., Suite 143, Mpls. 55413 612-377-9810
www.loavesandfishesmn.org

AREA SERVED: Provide evening meals in Minneapolis and St. Paul area at the following sites:
Brunswick United Methodist Church, 6122 42nd Ave. N., Crystal  Wed.& Thurs. 5:30-6:30 pm.
Creekside Community Center, 9801 Penn Ave. S., Bloomington 952-948-0746 M – F 5:30 – 6:30 p.m.
Dorothy Day Center, 183 Old Sixth St., St. Paul 612-204-8485. Sun – Fri 4:30 – 5:30 p.m.
Holy Rosary Church, 2424 18th Ave. S., Mpls. M – Th 5:15 – 6:15 p.m.
Hope Presbyterian Church, 7123 Portland Ave. S., Richfield 612-869-7700. M-Th 5:00 6:00 pm.
St. Gabriels Church, 1310 Mainstreet, Hopkins Sat.-Tues. 5:30 – 6:30 pm.
St. Mark’s Catholic Church, 350 Atwood St.,Shakopee, Mon, Tues & Thurs 5:30 – 6:30 p.m.
St. Matthews Catholic Church, 510 Hall Ave., St. Paul M – F. 5:00 – 6:00 p.m.
St. Stephen’s Catholic Church, 2123 Clinton Ave. S., Mpls. 612-871-2981. M-F 5:30–6:30 pm
Salvation Army North, 2024 Lyndale Avenue N., Mpls. Mon – Fri 11:30 am-12:30 pm
Salvation Army Temple Corps, 1604 East Lake St. Minneapolis Mon-Fri 12 noon – 1 pm.
New Bethel, 1115 30th Ave. N., Minneapolis. Wed. – Fri. 5:30-6:30 pm.
LOAVES AND FISHES, (continued)
Easter Lutheran Church, 4545 Pilot Knob Road, Eagan. Mon, Tues, Wed, Thur 5:30 – 6:30 pm.
Brooklyn United Methodist Church, 7200 Brooklyn Center Blvd., Brooklyn Center. Mon, Wed, Fri noon-1 pm.
Plymouth Covenant Church, 4300 Vicksburg Lane N., Plymouth. Tues & Sat 5:30-6:30 pm.
Woodlake, 7525 Oliver Ave. S., Richfield Sat & Sun 5:30 – 6:30 pm
Beloved United Methodist Church, 1965 Sherwood Ave., St. Paul, 55119. Mon & Tues 5:30-6:30 pm
Gethsemane, 2410 Stillwater Rd. E., St. Paul, 55119. 651-739-1264, 1st & 3rd Thursday of month 5:30 – 6:30 pm.

HOURS: Usual hours - 5:30 – 6:30 pm. Call above number for times and locations of other sites.

VISITS ALLOWED: No limit
ID: None required.

**Holiday: Check with each site for additional meals**

LUHANDS AND BYERLY’S  http://lundsandbyerlys.com
Home delivery for groceries ordered online only. 952-548-1400. Delivery charge is $9.95 regardless of size of order. Pick-up at the store is $4.95.

MINNESOTA AIDS PROJECT, 1400 Park Avenue, Minneapolis, MN 55404, 612-341-2060, www.mnaidsproject.org/
Financial assistance is only offered for individuals with HIV and AIDS. Help is available once per year, and they provide access to financial assistance for paying utilities, rent, heating bills, child care, mortgage, and groceries.

MINNESOTA FOOD HELPLINE
Phone: 1-888-711-1151 (Multilingual assistance is also available)
Hours: Monday–Friday 8:30 am–4:30 pm.
Provides: Statewide food resource information and referral helpline. Callers can be screened for SNAP eligibility and assisted with completing the application. Assists callers in locating food resources in their own community whether it be a food shelf and/or hot meal site. Also makes referrals for other public food programs like WIC (Women, Infants and Children), MAC (Mothers and Children) and NAPS (Nutrition Assistance Program for Seniors).

MINNESOTA TEAMSTERS SERVICE BUREAU, for Teamster members and their families, 3001 University Avenue, SE, Minneapolis, MN 55414, 612-378-0446. Food Shelf is sponsored by the Teamsters Joint Council 32 Food Shelf and it is the only labor-run food shelf in MN. Members: For use of the Food Shelf, please contact your local Union business agent or officers for prior authorization or for any questions.
The Food Shelf is open on Tuesdays and Wednesdays, from 9 a.m. to 2 p.m. It is located on the main level of the Minnesota Teamsters Building, on the corner of 30th and University Avenues, Minneapolis, MN, (612) 378-0446.
The Minnesota Teamsters Service Bureau also offers other forms of assistance for Teamster members and their families, as well as dislocated workers. Find out about these services at 612-676-3700 or there are 24/7 crisis counselors available at 1-800-979-9725.

MOM’S MEALS  www.momsmeals.com
Delivery of prepared meals. Phone/mail/fax/e-mail orders. 1-877-508-6667. Call or visit web site for prices.
NUTRITIONAL ASSISTANCE PROGRAM FOR SENIORS  www.2harvest.org
Bulk delivery for folks 60 + years old, once a month.  651-484-8241.

SALVATION ARMY FOOD PANTRIES  http://salvationarmynorth.org
AREA SERVED:  S.A. suggests calling United Way 2-1-1 (651-291-0211) to find out which pantry serves the client’s area and the hours. Pantry locations and hours listed below.
HOURS:  See below. Walk in. No appointment necessary at most locations, but call to check before going. Some are by appointment only.
VISITS ALLOWED:  Once a month
ID:  Picture ID, current piece of mail (less than 30 days old) for each adult 18 and over; Medical card, SS card, Birth certificate or school ID for all children 17 and under.
Note:  Some food shelves have Youth hours. Call location for information.
LOCATIONS:
•  Temple/East Lake Street Office:  1604 Lake St. E, Minneapolis, MN 55407.  612-721-1513.  Appointments required.  Call for appointment.  Hours: Mon-Thurs 8 to 11:30 am, 1 - 3 pm. Fri 8 am – 12 noon; and 1 – 3 pm.
•  Central/NEED Office:  2727 Central Ave. NE, Minneapolis, MN 55418.  612-789-2858.  Hours - Mon - Fri 8 am - noon; 1 – 4 pm. Appointment or walk-in.  Food shelf includes Hmong & Laotian foods.
•  Burnsville Social Service Office:  13901 Fairview Dr., Burnsville, MN 55337.  952-898-2736.  Use Prince of Peace Lutheran Church Mission Outpost entrance.  Mon 1-3 pm, 5-7 pm; Tues 12-2 pm; Wed 5-7 pm; Thurs.  10:30 am – 12:30 pm.
•  St. Paul Citadel:  401 W. 7th St., St. Paul, MN 55102.  651-224-4316.  Mon & Wed 9-11 am, new walk-ins 1-2:30 pm;  This St. Paul Citadel site is a Senior Citizens Sensitive Food Pantry.  In addition to providing nutritionally balanced food, this food pantry can deliver groceries to homebound senior citizens (people with disabilities should also inquire.)
•  Lakewood/Maplewood:  2080 Woodlynn Ave., Maplewood, MN 55109 651-779-9177.  By Appointment.  Mon & Thurs 10 am – 2 pm.  This Lakewood/Maplewood site is a Senior Citizens Sensitive Food Pantry.  In addition to providing nutritionally balanced food, this food pantry can deliver groceries to homebound senior citizens (people with disabilities should also inquire.)

**Holiday:  Holiday Food Baskets at some sites.  Call site for information.  Online registration for Toy Shop.  Toy Shop Hotline – 952-746-3595 open Mon – Fri 9 am – 4 pm to answer questions and take registrations**

SECOND HARVEST HEARTLAND NUTRITIONA ASSISTANCE PROGRAM,  www.2harvest.org
Delivery of food to people over 60 years old and 130% or more below the poverty income standard.  Call to determine eligibility at 651-484-8241.

SCHWANS  www.schwans.com
Online or catalog for frozen food grocery delivery.  Braille catalogs available  1-888-724-9267.

**
STORE-TO-DOOR  www.storetodoor.org
A nonprofit, home grocery delivery service for seniors of all income levels who are 60 years or older; and for adults with disabilities; who live in the seven-county Metro Minneapolis and St Paul area. Orders taken via phone. Must have checking account or credit card and be home between 10 am and 3 pm. Deliver fee (between $4 and $15.00) scaled to income. Minimum order is $40 and maximum is $200. You pay by check, credit/debit card or EBT. Also has Elderly Waiver/Alternative Care Waiver authorization. Call 651-642-1892 for more information.

WIC, (Women, Infants, and Children) 651-201-4404, various locations, www.health.state.mn.us/wic/ WIC is a nutrition and breastfeeding program that helps young families eat well and be healthy. WIC can help women learn about nutritious foods for a healthy pregnancy and birth. WIC provides support with information while breastfeeding and helps new moms meet their breastfeeding goals. Families are provided nutritious foods, including formula to their young children, so they are healthy, happy, and ready to learn.

WIDMER'S GROCER STORE
Delivery from Mississippi River on the west; Larpenteur Avenue on the North; Downtown St. Paul on the East; and Shephard Road on the south. Cost is $6.00 flat fee. Grocery cost probably comparable to Coborn’s. Clients call in the morning between 7 and 10 am. Deliveries made that afternoon. Store located on St. Clair Avenue, St. Paul, 651-699-4700.

RESOURCES FOR PET FOOD

PEOPLE AND PETS TOGETHER  www.peopleandpetstogether.org
The Pet Project delivers pet food to select food shelves. Web site lists food shelves and also lists resources for reduced cost veterinary care. Also check with Hunger Solutions for information.
Join us at

Alton View: Tuesdays 10:30 a.m.-12:00 p.m.
365 Winthrop St, St. Paul

509 S 10th: Tuesdays 1:00-1:45 p.m.
508 & 510 Humboldt Ave, St. Paul

516 Humboldt: Tuesdays 1:45-2:45 p.m.
516 Humboldt Ave, St. Paul

Dundee Hi-Rise: Tuesdays 3:30-4:30 p.m.
489 Ada St, St. Paul

McDonough Community Center: Tuesdays 5:30-6:30 p.m.
1344 Timberlake Rd, St. Paul

Hubbs Learning Center: Wednesdays 10:30 a.m.-1:00 p.m.
1030 University Ave. W, St. Paul

Parkway Gardens: Wednesdays 2:00-3:00 p.m.
1145 Hudson Rd, St. Paul

First Lutheran Church: Wednesdays 4:30-5:30 p.m.
469 Mari Ave., St. Paul

Hiring Hi-Rise: Thursdays 12:00-1:00 p.m.
777 N Hamline Ave., St. Paul

Valley Hi-Rise: Thursdays 2:00-3:00 p.m.
261 University Ave. S, St. Paul

Wilder Hi-Rise: Thursdays 3:30-4:30 p.m.
750 N Milton St, St. Paul

Wilder Child Development Center: Thursdays 5:00-6:00 p.m.
911 Laland Ave., St. Paul

Ravoux Hi-Rise: Fridays 12:00-1:00 p.m.
230 Ravoux St., St. Paul

Hall-Young Plaza: Fridays 1:30-2:30 p.m.
425 S 6th Ave., St. Paul

Mt. Airy Hi-Rise: Fridays 3:30-4:30 p.m.
200 E 2nd St., St. Paul

North Star Estates: Fridays 5:00-6:00 p.m.
3001 Country Dr, Little Canada

Lampighter Village: Saturdays 10:30-11:30 a.m.
1312 Woodbridge St., St. Paul

Iowa Hi-Rise: Saturdays 12:00-1:00 p.m.
1743 Iowa Ave., St. Paul

Garden View: Saturdays 1:30-2:30 p.m.
1417 10th St NW, New Brighton

TWIN CITIES
MOBILE MARKET

A program of the Amherst H. Wilder Foundation

https://www.wilder.org/Programs-Services/comm/Pages/Mobile-Market-Map.aspx
ANOKA COUNTY FOOD SHELF RESOURCES, (Pages 9 – 11)

HUNGER SOLUTIONS, www.hungersolutions.org  651-486-9860
This site helps people locate food resources in Minnesota. Can search by zip code, city or county. Operates Minnesota Food Helpline, 1-888-711-1151. They will assess a person’s situation and provide solutions to the food needs. Hours: M – F 8:30 am – 4:30 pm. Also has some information about pet food resources.

THE FOOD GROUP, 8501 54th Avenue N, Minneapolis, 55428  http://thefoodgroupmn.org  (Formerly Emergency Foodshelf Network) 763-450-3860.
A service to call and they will route a person to the closest food shelf near their home. Check their web site for other programs. They have information about multicultural food resources. Also information about pet food resources.
**Holiday: Baskets of Hope – baskets being delivered to local food shelves. Check with your food shelf**

ACBC FOOD SHELF AND CLOTHING STORE (Anoka County Brotherhood Council), 2615 9th Ave., Anoka, 55303.  763-422-0046.  www.acbcfoodshelf.com
AREA SERVED: Anoka, Andover, Coon Rapids, Nowthen, Oak Grove, Ramsey & part of Champlin.
HOURS: For walk-ins: Monday & Wednesday 12 - 3 pm; Tuesday & Thursday 6:30 - 8:30 pm. For appointments (must call ahead) Tuesday & Thursday 2 - 4 pm; Friday 9 – 11 am.
VISITS ALLOWED: Once per month may choose a 3 day supply of food based on family size.
ID: Picture ID and a current piece of mail with address. Must also have same information for anyone over 21 in the household
**Note: Also has pet food.**
**Holiday: - for current clients only – check with food shelf staff**

CENTENNIAL COMMUNITY FOOD SHELF, 200 Civic Heights Circle, Circle Pines, MN 55014, 763-784-2013 (located at Circle Pines City Hall Building, lower level, back entrance.)
www.centennialfoodshelf.org
HOURS: Monday & Thursday from 4:00-6:00 pm except holidays.
VISITS ALLOWED: Once a month and receive 3-5 days' supply of food.
ID: Two forms of identification are required, including proof that you live in the CCFS service area (bring a picture ID and a utility bill).
**Holiday: – baskets available at Easter, Thanksgiving, and Christmas for qualified families. Must register in advance at the food shelf.**

COMMUNITY EMERGENCY ASSISTANCE PROGRAM (CEAP)
1201 89th Ave. NE, Suite 130, Blaine, MN 55434  763-783-4930  www.ceap.org
HOURS: 8:00 am - 4:30 pm, Tuesday, Wednesday, Friday
VISITS ALLOWED: Once per month - call for appointment
ID: Photo ID for each adult (18 and over) in household; current mail (utility or medical bill); for children – birth certificate, medical card, SS card, or current piece of mail for student.
**Holiday: Check with food shelf staff:**
ISLAMIC CENTER OF MN, 1401 Gardena Ave. NE, Fridley, MN 55432  763-571-5604
www.islamiccentermn.org
AREA SERVED:  Halal/Zabiha foods for needy Muslim families of the Twin Cities area
HOURS:  3rd Sunday each month 11 am – 1:30 pm.  During the month of Ramadan it is open every Sunday from
11 am – 1:30 pm.
VISITS ALLOWED:  Once per month
ID:  No ID is required

NORTH ANOKA COUNTY EMERGENCY FOOD SHELF (NACE), 18511 Highway 65 NE, Suite 200, East Bethel, MN.  763-434-7685.  www.nacefoodshelf.org
AREA SERVED:  East Bethel, Bethel, St. Francis, Ham Lake, Cedar, Linwood Township, Stacy, Wyoming and Oak Grove.
HOURS:  Monday 9 am – noon, Tuesday 5 – 8 pm, Wednesday 1 – 4 pm, Thursday 8- 11 am.  Closed holidays.
VISITS ALLOWED:  Once per month
ID:  Photo ID and mail with current address for each adult in household.
Note:  Clothing Closet is open during food distribution hours.

SALVATION ARMY FOOD PANTRIES  http://salvationarmynorth.org
AREA SERVED:  S.A. suggests calling United Way 2-1-1 (651-291-0211) to find out which pantry serves
the client’s area and the hours.  Food pantry locations and hours listed below.
HOURS:  See below.  Walk in.  No appointment necessary at most locations, but call to check before
going.  Some are by appointment only.
VISITS ALLOWED:  Once a month
ID:  Picture ID, current piece of mail (less than 30 days old) for each adult 18 and over; Medical card, SS card,
Birth certificate or school ID for all children 17 and under.
Note:  Some food shelves have Youth hours.  Call location for information.
LOCATIONS:
• Temple/East Lake Street Office: 1604 Lake St. E, Minneapolis, MN 55407.  612-721-1513.
  Appointments required. Call for appointment.  Hours: Mon-Thurs 8 to 11:30 am, 1 - 3 pm. Fri 8 am –
  12 noon; and 1 – 3 pm.
• Parkview/North Office: 2024 Lyndale Ave. N., Minneapolis, MN 55411. 612-522-4871.  Hours – Mon,
  Tues, Wed & Fri 8:30 – 11 am, 1 – 3 pm. Thurs 1-3 pm.
• H.O.P.E. Harbor/Center City Office, 53 Glenwood Ave., Minneapolis, MN 55403. 612-659-0711.  Serves
downtown area and shelters.  Food shelf hours vary.  Call for information.
• Central/NEED Office: 2727 Central Ave. NE, Minneapolis, MN 55418.  612-789-2858.  Hours - Mon -
  Fri 8 am - noon; 1 – 4 pm. Appointment or walk-in.  Food shelf includes Hmong & Laotian foods.
• Burnsville Social Service Office: 13901 Fairview Dr., Burnsville, MN 55337.  952-898-2736.  Use
  Prince of Peace Lutheran Church Mission Outpost entrance.  Mon 1-3 pm, 5-7 pm; Tues 12-2 pm; Wed
  5-7 pm; Thurs. 10:30 am – 12:30 pm.
• St. Paul Citadel: 401 W. 7th St., St. Paul, MN 55102.  651-224-4316.  Mon & Wed 9-11 am, new walk-
  ins 1-2:30 pm; This St. Paul Citadel site is a Senior Citizens Sensitive Food Pantry.  In addition to
  providing nutritionally balanced food, this food pantry can deliver groceries to homebound senior
citizens (people with disabilities should also inquire.)
• Lakewood/Maplewood:  2080 Woodlynn Ave., Maplewood, MN 55109 651-779-9177.  By
  Appointment. Mon & Thurs 10 am – 2 pm.  This Lakewood/Maplewood site is a Senior Citizens
  Sensitive Food Pantry.  In addition to providing nutritionally balanced food, this food pantry can
deliver groceries to homebound senior citizens (people with disabilities should also inquire.)
SALVATION ARMY FOOD PANTRIES, (continued)

**Holiday: Holiday Food Baskets at some sites. Call site for information. Online registration for Toy Shop. Toy Shop Hotline – 952-746-3595 open Mon – Fri 9 am – 4 pm to answer questions and take registrations**

SOUTHERN ANOKA COMMUNITY ASSISTANCE (SACA), 627 38TH Ave. NE, Columbia Heights, MN 55421 763-789-2444 www.sacfoodshelf.org

AREA SERVED: Columbia Heights, Fridley, Spring Lake Park, Hilltop
HOURS: Monday, Tuesday, Thursday 8 am – 4 pm. Wednesday 10:30 am – 6 pm. By appointment only. Call above number the day ahead for appointment.

VISITS ALLOWED: Once per month
ID: Photo ID, 2 proofs of current address, Social Security card for each member of family. For children need Medical card, Social Security card of birth certificate.

Note: Clothing Closet (Thrift store) is open during food shelf hours.

Note: Also may have pet food.

**Holiday: Check with food shelf staff**
HUNGER SOLUTIONS, www.hungersolutions.org  651-486-9860
This site helps people locate food resources in Minnesota. Can search by zip code, city or county. Operates Minnesota Food Helpline, 1-888-711-1151. They will assess a person’s situation and provide solutions to the food needs. Hours: M – F 8:30 am – 4:30 pm. Also has some information about pet food resources.

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A service to call and they will route a person to the closest food shelf near their home. Check their web site for other programs. They have information about multicultural food resources. Also information about pet food resources.
**Holiday: Baskets of Hope – baskets being delivered to local food shelves. Check with your food shelf**

BOUNTIFUL BASKET, 1600 Bavaria Rd, Chaska MN  952-556-0244 (CAP agency)
http://bountifulbasketfoodshelf.org
AREA SERVED: Carver, Chanhasen, Chaska & Victoria.
HOURS: Monday 9 am – 7 pm, Tuesday, Wednesday & Friday 9 am – 3:30 pm; Appointments are encouraged, but no necessary.
VISITS ALLOWED: Once/month
ID: Photo ID, proof of address such as a utility bill.
Note: Pet food is occasionally available.
**Holiday: No holiday programs**

FRIENDS FOR LIFE FOOD SHELF, 309 Lewis Ave. S., Watertown, MN 55388  952-955-1980
www.ci.watertown.mn.us  Go to A-Z index, click on Food Shelf.
AREA SERVED: Watertown, Mayer area.
HOURS: Monday 6 – 8 pm, Tuesday & Friday 9 am – noon. By appointment only. Closed Holidays
VISITS ALLOWED: Once a month
ID: Proof of address
**Holiday: Check with food shelf staff.**

SOUTHWEST CARVER COUNTY FOOD SHELF, 10 1st Ave. NE, Norwood Young America, MN 952-467-1870
AREA SERVED: Cologne, Hamburg, the Norwood-Young America School District.
HOURS: Tuesday 12:45 – 4:15 pm. Call to make appointment.
VISITS ALLOWED: 2 times/month
ID: Recent dated mail with name and address
**Holiday – Check with food shelf staff**

WACONIA UNITED FOOD SHELF, 11 S. Elm St., Waconia, MN.  952-442-3878
www.waconiafoodshelf.org
HOURS: Monday, Friday, Saturday 9 am – 11:45 am; Tuesday & Thursday 4 – 6:45 pm. Closed holidays.
VISITS ALLOWED: Twice/month
ID: Photo ID, recent mail with current address  **Holiday – Check with food shelf staff**
HUNGER SOLUTIONS, www.hungersolutions.org  651-486-9860
This site helps people locate food resources in Minnesota. Can search by zip code, city or county. Operates Minnesota Food Helpline, 1-888-711-1151. They will assess a person’s situation and provide solutions to the food needs. Hours: M – F 8:30 am – 4:30 pm. Also has some information about pet food resources.

THE FOOD GROUP, 8501 54th Avenue N, Minneapolis, 55428  http://thefoodgroupmn.org. (Formerly Emergency Foodshelf Network) 763-450-3860.
A service to call and they will route a person to the closest food shelf near their home. Check their web site for other programs. They have information about multicultural food resources. Also information about pet food resources.

**Holiday: Baskets of Hope – baskets being delivered to local food shelves. Check with your food shelf**

ALL SAINTS CATHOLIC CHURCH, 19795 Holyoke Ave., Lakeville. 952-469-4481
www.allsaintschurch.com
AREA SERVED: Dakota County
HOURS: Free Community meal 2nd Thursday from 5:30 – 7 pm. Enter south side of building, Door M
VISITS ALLOWED: Not applicable
ID: Not applicable

THE CHAP OUTREACH MINISTRIES STORE
2020 Highway 13 East, Burnsville, MN 55337 952-890-8222  www.thechapstore.com
AREA SERVED: Dakota County
HOURS: Mon. - Fri. - 10 am-8 pm. Sat. 10 am – 6 pm. Emergency food shelf open Mon & Sat. 10 am –5 pm. Closed Sundays & holidays.
VISITS ALLOWED: This isn't a continuous source. It serves families waiting to get into other programs. Local establishments donate food to CHAP, including bread and produce.
ID: Photo ID and current piece of mail with Dakota County address
Note: Chap also sells household items, furniture, clothing at reduced prices.

www.crossroadschurch.org
AREA SERVED: Lakeville residents
HOURS: Community meal served every Wednesday Fall through Spring at 5:45 pm. Donation requested.
VISITS ALLOWED: No limit
ID: None

DAKOTA COUNTY FOOD SHELVES, 360 COMMUNITIES, 501 E. Highway 13, Burnsville, MN 55337 (Portland & Highway 13) 952-985-5300. www.360communities.org
REFERRAL PROCESS: Call above number. 360 Communities will screen and refer to the nearest food
DAKOTA COUNTY FOOD SHELVES (continued)

program. New clients must come in for an intake interview.
ID: Photo ID and proof of address.

FOOD SHELF LOCATIONS:
Apple Valley – Shepherd of the Valley Lutheran Church, 12650 Johnny Cake Ridge Rd.
   651-322-5113. Open Tues & Thurs 3 – 6 pm.
Burnsville – 360 Communities Center, 501 East Hwy 13, Ste. 102. 952-985-5300. Open Mon through Fri
   9 am – 4 pm.
Farmington – Farmington Food Shelf, 510 Walnut Street 651-463-5019. Open Tues & Thurs 1 – 6 pm.
Lakeville – Messiah Lutheran Church, 16725 Highview Ave. 952-431-5959 ext. 331. Open Tues & Thurs
   1 – 6 pm.
Rosemount – Rosemount Neighborhood Family Resource Ctr, 14521 Cimarron Ave W. 651-322-5113

**Holiday: 360 Communities Armful of Love program matches Dakota County families in need with
   donors to provide needy families with gifts and toys. Contact 952-985-4065 for an interview**

DISCOVER CHURCH, 14300 West Burnsville Parkway, Burnsville, 952-736-2500
www.discoveringchurch.org
AREA SERVED: Dakota County
HOURS: Last Wednesday of the month from 1 – 3 pm. Enter door on North side of building
VISITS ALLOWED: Unknown
ID: Photo ID and a current utility bill

EPISCOPAL CHURCH OF THE NATIVITY, 15601 Maple Island Road, Burnsville, 952-435-8687
www.nativityepiscopal.com
AREA SERVED: Dakota County
HOURS: Free community meal served every Wednesday from 5 – 7 pm
VISITS ALLOWED: No limit
ID: None

GRACE LUTHERAN CHURCH, Pennock and County Road 41, Apple Valley, 952-432-7273
www.graceofav.org
AREA SERVED: Dakota County
HOURS: Free community meal served 1st, 2nd, & 4th Mondays of each month September – May from 6 – 6:30
   pm. 1st & 4th Monday of each month June – August, 6 – 6:30 pm.
VISITS ALLOWED: No limit
ID: None

HASTINGS FAMILY SERVICE, 301 E. 2nd St., Hastings, 55033, 651-437-7134
www.hastingsfamilyservice.org Click on Programs & Services, then on The Market Food Shelf
AREA SERVED: Boundaries of School District 200
HOURS: Interview appointment required to review income and expenses. Income and expense worksheet
   available on line. Call above number for appointment. Open Monday through Friday 8:30 am – 5 pm
VISITS ALLOWED: Provides a week’s supply of groceries and a voucher to a local grocery store for
   perishable food.
ID: Photo ID, current piece of mail with current address.
Note: Also have gas vouchers as well as diapers, formula and dairy vouchers. School supplies in fall.

**Holiday: - Check with food shelf staff**
HASTINGS UNITED METHODIST CHURCH, 615 15th Street West, Hastings, 651-437-4398
www.hastingsumc.org
AREA SERVED: Dakota County
HOURS: Free community meal 4th & 5th Thursdays of each month at 6 pm
VISITS ALLOWED: No limit
ID: None

HOLY TRINITY MISSION (HTM) MOBILE FOOD SHELVES, 13335 Palomino Drive, Suite 204, Apple Valley, MN 55124, 612-709-6762.
HTM Mobile Food Shelf partners with the community in supplying food at both permanent and temporary sites for those who cannot afford to purchase food on their own. One of the ways we differ from most food shelves is in not having financial/income guidelines or geographical borders making it possible to serve those who the county food shelves don’t. Our goal is not to replace the county’s food shelves but to provide for those who cannot receive help from any other agency. Our local volunteers are purposeful about bringing neighborhoods and those we serve together, “To help one another.”

Another way we differ is by taking time with each client, giving them the opportunity to share what is happening in their life, offering to pray with them for their concerns, giving them practical help and hope at a time many find themselves overwhelmed, confused and friendless.

There are many situations that may put someone in need of help: Job loss, illness, abandonment, death of the wage earner- the list goes on. Anyone of us could find ourselves needing help.

HOSANNA LUTHERAN CHURCH, 9600 163rd Street W. Lakeville, MN 952-435-3332
www.hosannalc.org
AREA SERVED: No restrictions.
HOURS: Every Tuesday at 5 pm there is a free dinner open to the public. After the dinner, people can shop in the community clothes closet or for household goods. Or they can attend a support group (many types). Child care is available for people attending the support groups.
VISITS ALLOWED: No restriction
ID: None required
Note: Some other services available. Check with the church

** Holiday: More information will be given to registered clients. **

LOAVES AND FISHES, 1121 NE Jackson St., Suite 143, Mpls. 55413 612-377-9810
www.loavesandfishesmn.org
AREA SERVED: Provide evening meals in Minneapolis and St. Paul area at the following sites:
Brunswick United Methodist Church, 6122 42nd Ave. N., Crystal Wed.& Thurs. 5:30-6:30 pm.
Creekside Community Center, 9801 Penn Ave. S., Bloomington 952-948-0746 M – F 5:30 – 6:30 p.m.
Dorothy Day Center, 183 Old Sixth St., St. Paul 612-204-8485. Sun – Fri 4:30 – 5:30 p.m.
Holy Rosary Church, 2424 18th Ave. S., Mpls. M – Th 5:15 – 6:15 p.m.
Hope Presbyterian Church, 7132 Portland Ave. S., Richfield 612-869-7700. M- Th 5:00 6:00 pm.
St. Gabriels Church, 1310 Mainstreet, Hopkins Sat.- Tues. 5:30 – 6:30 pm.
St. Mark’s Catholic Church, 350 Atwood St.,Shakopee, Mon, Tues & Thurs 5:30 – 6:30 p.m.
St. Matthews Catholic Church, 510 Hall Ave., St. Paul M – F. 5:00 – 6:00 p.m.
St. Stephen’s Catholic Church, 2123 Clinton Ave. S., Mpls. 612-871-2981. M–F 5:30–6:30 pm
Salvation Army North, 2024 Lyndale Avenue N., Mpls. Mon – Fri 11:30 am-12:30 pm
Salvation Army Temple Corps, 1604 East Lake St. Minneapolis Mon-Fri 12 noon – 1 pm.
LOAVES AND FISHES, (continued)

New Bethel, 1115 30th Ave. N., Minneapolis. Wed. – Fri. 5:30-6:30 pm. 
Easter Lutheran Church, 4545 Pilot Knob Road, Eagan. Mon, Tues, Wed, Thur 5:30 – 6:30 pm. 
Brooklyn United Methodist Church, 7200 Brooklyn Center Blvd., Brooklyn Center. Mon, Wed, Fri noon-1 pm. 
Plymouth Covenant Church, 4300 Vicksburg Lane N., Plymouth. Tues & Sat 5:30- 6:30 pm. 
Woodlake, 7525 Oliver Ave. S., Richfield Sat & Sun 5:30 – 6:30 pm 
Beloved United Methodist Church, 1965 Sherwood Ave., St. Paul, 55119. Mon & Tues 5:30-6:30 pm 
Gethsemane, 2410 Stillwater Rd. E., St. Paul, 55119. 651-739-1264, 1st & 3rd Thursday of month 5:30 – 6:30 pm. 
HOURS: Usual hours - 5:30 – 6:30 pm. Call above number for times and locations of other sites. 
VISITS ALLOWED: No limit 
ID: None required. 
**Holiday: Check with each site for additional meals**

MARY, MOTHER OF THE CHURCH, 3333 Cliff Road, Burnsville, MN 55337. 952-890-0045 ext. 236 
www.mnotc.org 
AREA SERVED: Dakota County. 
HOURS: Free community meal served every Thursday from 5:15 – 6:30 p.m. in the Mary Center 
VISITS ALLOWED: No limit 
ID: None

NEIGHBORS, INC 
222 Grand Ave. W, South Saint Paul, MN 55075 651-455-1508 http://www.neighborsmn.org 
AREA SERVED: Northern Dakota County – Inver Grove Heights, South Saint Paul, West Saint Paul, Mendota Heights, Mendota, Sunfish Lake, Lilydale. 
HOURS: Mon – Fri. 8:45 – 11:30 and 1 – 3:30 pm 
VISITS ALLOWED: Once a month. 
ID: Picture ID; utility bill verifying current address (or new lease or Dakota County papers), proof of parentage or guardianship for children under 18. 
Note: Also has a clothes closet open M-T-W-Th from 10 – 7, Fri & Sat. from 10 – 4 
Note: Often has pet food. 
**Holiday: They have Holiday Assistance for clients. Application necessary. Talk to food shelf staff.**

OPEN DOOR PANTRY EAGAN, 3904 Cedar Grove Parkway, Eagan, 651-696-0787 
www.theopendoorpantry.org 
AREA SERVED: Eagan, Burnsville, Apple Valley, Rosemount 
HOURS: Mon. 10 am – 12:30 pm; Tues & Thurs. 10 am – 3 pm. & 6 pm – 8 pm; Wed -10 am - 3 pm. Must call for appointment. First time users must have an intake interview. Must call ahead to place an order. No walk-ins. Fresh Food Friday once a month 11 am – 12 noon. 
VISITS ALLOWED: Once/month 
ID: Picture ID & proof current address. 
Note: They operate the Mobile Pantry, a bus that travels to 4 designated neighborhood sites in Rosemount, Lakeville & Farmington where clients can come and select the foods needed. To make an appointment call 952-469-3444 
**Holiday: Check with the food shelf for special Thanksgiving and Christmas programs**

**Note:** This information is subject to change. Please check directly with the food shelf for the most current hours and locations. **For inquiries:** Call 651-739-1264.
PRINCE OF PEACE LUTHERAN CHURCH, MISSION OUTPOST,
13801 Fairview Drive, Burnsville, 55337  952-898-9311 www.popmn.org

AREA SERVED: South of the river only – Burnsville, Eagan, Apple Valley, Lakeville, Farmington, Rosemount, Savage.

HOURS: Monday 1 – 3 pm and 5 – 7 pm; Wednesday 5 – 7 pm (by appointment); Thursdays 10:30 am – 12:30 pm. Farmers Market Thurs 2 – 3 pm.. Call 952-898-2736 for information.

VISITS ALLOWED: Once a month.

ID: Photo ID for every adult 18 or over, ID for everyone under 17(school ID, medical card, birth certificate), current piece of mail as proof of residence such as a current utility bill.

Note: Also has a clothes closet & help with household furnishings, bedding, furniture, cribs, car seats, etc. Salvation Army office housed here. Also partner with a mobile dental ministry to periodically offer dental care for a small fee.

**Holiday: ** Thanksgiving meal on Thanksgiving Day at 11 am. No charge. Open to anyone. No Christmas program**

SALVATION ARMY FOOD PANTRIES http://salvationarmynorth.org

AREA SERVED: S.A. suggests calling United Way 2-1-1 (651-291-0211) to find out which pantry serves the client’s area and the hours. Food pantry locations and hours listed below.

HOURS: See below. Walk in. No appointment necessary at most locations, but call to check before going. Some are by appointment only.

VISITS ALLOWED: Once a month

ID: Picture ID, current piece of mail (less than 30 days old) for each adult 18 and over; Medical card, SS card, Birth certificate or school ID for all children 17 and under.

Note: Some food shelves have Youth hours. Call location for information.

LOCATIONS:

• Temple/East Lake Street Office: 1604 Lake St. E, Minneapolis, MN 55407. 612-721-1513. Appointments required. Call for appointment. Hours: Mon-Thurs 8 to 11:30 am, 1 - 3 pm. Fri 8 am – 12 noon; and 1 – 3 pm.


• Central/NEED Office: 2727 Central Ave. NE, Minneapolis, MN 55418. 612-789-2858. Hours - Mon - Fri 8 am - noon; 1 – 4 pm. Appointment or walk-in. Food shelf includes Hmong & Laotian foods.

• Burnsville Social Service Office: 13901 Fairview Dr., Burnsville, MN 55337. 952-898-2736. Use Prince of Peace Lutheran Church Mission Outpost entrance. Mon 1-3 pm, 5-7 pm; Tues 12-2 pm; Wed 5-7 pm; Thurs. 10:30 am – 12:30 pm.

• St. Paul Citadel: 401 W. 7th St., St. Paul, MN 55102. 651-224-4316. Mon & Wed 9-11 am, new walk-ins 1-2:30 pm; This St. Paul Citadel site is a Senior Citizens Sensitive Food Pantry. In addition to providing nutritionally balanced food, this food pantry can deliver groceries to homebound senior citizens (people with disabilities should also inquire.)

SALVATION ARMY FOOD PANTRIES, (continued)

- Lakewood/Maplewood: 2080 Woodlynn Ave., Maplewood, MN 55109 651-779-9177. By Appointment Mon & Thurs 10 am – 2 pm. **This Lakewood/Maplewood site is a Senior Citizens Sensitive Food Pantry. In addition to providing nutritionally balanced food, this food pantry can deliver groceries to homebound senior citizens (people with disabilities should also inquire.)**

**Holiday: Holiday Food Baskets at some sites. Call site for information. Online registration for Toy Shop. Toy Shop Hotline – 952-746-3595 open Mon – Fri 9 am – 4 pm to answer questions and take registrations**

SOUTH METRO VINEYARD (Fruit of the Vine Food Shelf), 13798 Parkwood Drive, Burnsville, 55337 952-595-5980 www.smvineyard.org

Area served: No restrictions within the Twin Cities community

Hours: Sat 9:30 am – 11:30 am; Tues 6:00 – 7:30 pm. For seniors and mobility challenged individuals Open Tues through Fri 11 am - 3 pm.

Visits allowed: Once a month

ID: Photo ID, mail showing current address (utility bill, etc.), Social Security card, immigration ID.

Note: They purchase much of their food through Second Harvest Food Bank and try to have fresh vegetables, fruit, milk & meat, although it is not always available.

**Holiday: No**

THE LORD’S CUPBOARD, SOUTH OF THE TWIN CITIES CHURCH OF CHRIST, 16120 Cedar Avenue S., Rosemount, MN 55068, 952-431-7004. E-mail: stc.churchofchrist@yahoo.com Hours Wednesdays, 4 – 6:45 pm. (or by special arrangement made by phone.)

WIC (WOMEN, INFANTS AND CHILDREN) FOOD PROGRAM, Dakota County WIC Program. https://www.co.dakota.mn.us/HealthFamily/HealthServices/WIC/Pages/default.aspx Call to find out more information and to enroll. 952-314-7525.

ZION PENTCOSTAL FOOD CONNECTION, 6410 Cahill Avenue, Inver Grove Heights, 55076. Call for more information 651-314-4283.
DAKOTA COUNTY FREE COMMUNITY MEALS

- **Easter at the Lake Lutheran Church**, (651) 452-3680, [www.easter.org](http://www.easter.org)  At 4545 Pilot Knob Road (Pilot Knob Road and Cliff Road), Eagan, MN. Held Mondays, Tuesdays, Wednesdays and Thursdays, from 5:30 to 6:30 p.m. **No Thanksgiving Day meal served.** Come as you are, no questions asked. All are welcome.

- **Grace Lutheran Church**, (952) 432-7273. At Pennock and County Road 42, Apple Valley. On the 1st, 2nd and 4th Mondays of each month, September – May, from 6 to 6:30 p.m. On the 1st and 4th Mondays of each month, June – August, from 6 to 6:30 p.m.

- **Episcopal Church of the Nativity**, (952) 435-8687. At 15601 Maple Island Road, Burnsville, MN. Held every Wednesday, from 5 to 7 p.m.

- **Mount Calvary Lutheran Church**, (651) 454-2344. At 3930 Rahn Road, Eagan, MN. Held every Thursday, from 5:30 to 6:30 p.m.

- **Hastings United Methodist Church**, (651) 437-4398. At 615 – 15th Street, West, Hastings, MN. Held every 4th and 5th Thursdays of each month, at 6 p.m.

- **Cross of Christ Church**, (952) 469-3113. At 8748 – 210th Street, West, Lakeville, MN. Held every 4th Thursday of each month, at 5 p.m.

- **Crossroads Church**, (952) 469-7729 (PRAY). At 17671 Glacier Way, Lakeville, MN 55044. Held Wednesday (ever week, fall through spring.) At 5:45 p.m. (donation requested.)

- **Dinner on the Hill, (provided by All Saints Church)** 952-469-4481 At 19795 Holyoke Avenue, Lakeville, MN. Held 2nd Thursday of each month, from 5:30 to 7 p.m. Thanksgiving meal served Nov. 17th from 5:30 – 7 pm in Murphy Hall.

- **Hosanna! Lutheran Church**, (952) 435-3332. At 9600 – 163rd Street, West, Lakeville, MN. Held every Tuesday, from 5 to 6:15 p.m. Thanksgiving dinner and Christmas dinner. Call to check times.

- **Loaves and Fishes at St. Matthews Catholic Church**, (651) 224-9793. At 510 Hall Avenue, St. Paul, MN. Held Monday through Thursday, from 5 to 6 p.m.
HUNGER SOLUTIONS, [www.hungersolutions.org](http://www.hungersolutions.org)  651-486-9860
This site helps people locate food resources in Minnesota. Can search by zip code, city or county. Operates Minnesota Food Helpline, 1-888-711-1151. They will assess a person’s situation and provide solutions to the food needs. Hours: M – F 8:30 am – 4:30 pm. **Also has some information about pet food resources.**

THE FOOD GROUP, 8501 54th Avenue N, Minneapolis, 55428  [http://thefoodgroupmn.org](http://thefoodgroupmn.org) (Formerly Emergency Foodshelf Network) 763-450-3860.
A service to call and they will route a person to the closest food shelf near their home. Check their web site for other programs. **They have information about multicultural food resources. Also information about pet food resources.**

**Holiday: Baskets of Hope – baskets being delivered to local food shelves. Check with your food shelf**

ALIVENESS PROJECT, 3808 Nicollet Ave. Minneapolis, 612-822-7946  [www.aliveness.org](http://www.aliveness.org)
**Area Served:** Persons living with HIV/AIDS in the State of Minnesota
**Hours:** Meal Schedule: Lunch Monday – Friday 12:00 – 2 pm; Dinner Monday – Thursday 5 – 7 pm; Saturday Brunch 11 am – 1 pm. Food Shelf by appointment only.
**Visits Allowed:** Once a month.
**ID:** Must be a member of the Aliveness Project

**Holiday: They are having Holiday Baskets with gifts, clothing, food and other items for members and their families: Check with Aliveness Project staff**

BETHESDA BAPTIST CHURCH FOOD SHELF, 1118 S. 8th St., Minneapolis  612-332-5904
**Area Served:** Hennepin County
**Hours:** Monday 10 am – 2 pm
**Visits Allowed:** Once a month
**ID:** Photo ID and proof of current address (utility bill)
**Note:** Also have a clothing closet

**Holiday: A limited number of Thanksgiving baskets are being given out. Call to register**

BRIAN COYLE CENTER, PILLSBURY NEIGHBORHOOD SERVICES 420 15th Ave. S., Mpls. 55454 612-338-5282  Emergency Food Shelf  [www.puc-mn.org](http://www.puc-mn.org)
**Area Served:** Hennepin County residents
**Hours:** Mon. & Fri. from 12 to 6 p.m.; Tue & Wed. from 12 – 3 p.m. 2nd & 4th Thurs. There is a special program for produce. The food shelf includes culturally specific food items with emphasis on Asian and East African cultures.
**Visits Allowed:** Once a week with total amount (in pounds) available per month dependent on family size.
**ID:** Picture ID or current mail if address not current on ID, Social Security card for each family member.

**Holiday: Limited number of Thanksgiving baskets. Call for information**

CALVARY LUTHERAN CHURCH – MINNEAPOLIS, Emergency Food Shelf, 3901 Chicago Ave. S.
Mpls., 55407,  612-827-2504,  [www.clchurch.org](http://www.clchurch.org)
**Area Served:** South of Lake Street, North of 50th Street, East of I-35W, West of Cedar Ave.
**Hours:** Saturday from 9:00 am to Noon. No appointments are required – May walk in
**Visits Allowed:** Once a month
ID: First time visitors are required to present 3 different forms of mail that have their address and a photo ID – there are no ID requirements for children in a family **Holiday: No Holiday Food Baskets**

CAMDEN PROMISE FOOD SHELF, 4656 Colfax Ave. N., Minneapolis. 612-964-0881
www.thecamdenpromise.org

AREA SERVED: Camden community of Minneapolis
HOURS: 1st & 3rd Saturday of the month 12:30 – 3 pm.
VISITS ALLOWED: Once a month. Call above number for information
ID: Photo ID, proof of current residence, birth dates of all family members.
Note: Clients can access a clothing closet and are offered lunch.
**Holiday: – Check with food shelf**

CAPI (CENTER FOR ASIAN AND PACIFIC ISLANDERS) ASIAN FOOD SHELF, 310 East 38th Street, Minneapolis, MN 55409 (located at Sabathani Community Center) 612-767-3686
www.capiusa.org

AREA SERVED: Asian & Pacific Island population in Hennepin County
HOURS: Monday 12:30 – 3:30 pm; Tuesday & Wednesday 9 am – 3:30 pm. Call 612-767-3686 for information
VISITS ALLOWED: Once a month. To enroll, call 612-767-3686 to speak to the Food Shelf Coordinator.
ID: Photo ID, proof of current residence, birth dates of all family members.
**Holiday: – No Holiday program**

CATHOLIC CHARITIES HOUSING & EMERGENCY SERVICES, 1308 Franklin Avenue, E., Minneapolis, MN 55404, 612-204-8585. Also located at: 1000 Currie Avenue, Minneapolis, MN 55403, 612-204-8562, www.cctwincities.org/. Catholic Charities operates two food pantry locations in Minneapolis, as well as thrift stores and clothing shops. Referrals and support services are offered. Call for more information or check out the web site.

CHURCH OF THE INCARNATION FOOD SHELF, 3817 Pleasant Avenue, S., Minneapolis, MN 55409, 612-822-2101.

COMMUNITY EMERGENCY SERVICES, (CES), 1900 11TH Ave. S. Mpls. 55404 612-870-1125
www.cesmn.org

AREA SERVED: 5th Ave. – 11th Ave.; 1st St. – 11th St. Washington Ave. to E. Franklin (Phillips area). Culturally specific food items.
HOURS: Monday through Thursday 1 – 4 pm. On Friday from 1 – 3 pm there is a produce give-away.
VISITS ALLOWED: Once a month.
ID: Photo ID and current mail showing address.
Note: Weekly Somali Food Distribution; Also have Meals on Wheels. Call above number for information and to register.
**Holiday: No**

DIVISION OF INDIAN WORK, 1001 East Lake Street, Minneapolis, MN 55407, 612-721-8687, www.gmcc.org/diw

AREA SERVED: American Indian/Native American community members who are enrolled in a recognized Tribe.
HOURS: Monday, Tuesday and Wednesdays, 12 noon – 3 p.m.
VISITS ALLOWED: Once a month. Also, bread, bakery and produce may be available every week.
ID: Photo ID and preferably current mail showing an address, but do need a photo ID.
**Holiday: Check with the food program.**
EAST SIDE NEIGHBORHOOD SERVICE, INC., (ESNS), 1700 2ND St. N.E. Mpls. 55413, 612-781-6011 or 612-788-9521 and also at 92 St. Mary’s Avenue, SE, Minneapolis, MN 55414, 612-331-8678, www.esns.org.

AREA SERVED: Operates a High-Rise Mobile Food Shelf bringing food to 35 low-income apartment buildings in Minneapolis. Also operates, Senior Food Shelf for Hennepin County residents ages 55+ years and the Glendale Food Shelf for Glendale Town Home residents.

HOURS: Contact 612-340-9694 for information.

VISITS ALLOWED: Once a month

ID: Photo ID

They specialize in services tailored to those who may have a difficult time accessing other food shelves, including seniors and people with disabilities.

**Holiday: Check with the food program**

EMERGENCY LATINO FOOD SHELF, 1915 Chicago Avenue, S., Minneapolis, MN 55404, 612-874-1412.

Helps people of all religions and races. Rice, beans, bags of groceries, perishable items, and much more is offered. **Holiday: Check with the Food Shelf – possibly Holiday meals.**

FOOD IN THE HOOD (GOOD IN THE HOOD) Beacon of Hope Church, 282 Newton Ave. N., Minneapolis. (Food in the Hood Program Asst.) 952-412-3732 www.goodinthehood.org

AREA SERVED: No geographic boundaries

HOURS: 2nd & 4th Thursday from 5-7 pm. (no appointment necessary)

VISITS ALLOWED: Twice a month

ID: Photo ID; birth certificate, medical card for dependents.

**Holiday: Check at Food Shelf**

GLENDALE FOOD SHELF (Satellite of East Side Neighborhood) 92 St. Mary’s Ave., S.E., Minneapolis, MN 55414. 612-342-1954. www.esns.org.

AREA SERVED: Glendale Townhomes Community members only. Culturally specific foods offered.

HOURS: Monday & Thursday, 11 am - 3 pm; Tuesday & Wednesday 2-6 pm.

VISITS ALLOWED: Once a month or until 20 pound food limit is reached.

ID: Photo ID, current piece of mail showing address.

**Holiday: No Holiday Food Baskets**

GRACE LUTHERAN CHURCH LITTLE KITCHEN FOOD SHELF, 1500 6TH St. NE, Minneapolis, 55413 612-788-2444. www.gracenempls.org

AREA SERVED: Primarily northeast Minneapolis, although boundaries are not restricted.

HOURS: Wed & Fri 10 am – noon; Tues & Thurs 6 – 7:30 pm

VISITS ALLOWED: Once a month

ID: None required.

Note: Also has pet food supplied through The Pet Project.

**Holiday: No information.**
GROVELAND EMERGENCY FOOD SHELF, IN BASEMENT OF PLYMOUTH CONGREGATIONAL CHURCH, 1900 Nicollet Avenue S (Between Nicollet and LaSalle Avenues.) Entrance on Groveland in back of church. Mpls. 55403, 612-871-0277, www.grovelandfoodshelf.org They also have a program called Groveland Food for Youth with no boundaries for homeless and at-risk youth up to age 23 on Tues and Thurs from 4:00 – 7:00 pm

AREA SERVED: Boundaries: East - 35W; North - Grand Street; South to 25th Street; West - City limit (France Ave.).

HOURS: Mon through Thurs 9:30 – 12:30, Fri 10:0 am - 1:00 pm. Walk-ins permitted.

VISITS ALLOWED: Once a month but also once a week for just breads and pastries. They provide 3-5 days of food at a time. Families may have 3 extra visits/year.

ID: Photo ID for all adults and piece of current (within last 30 days) mail to show address. For children – Social Security card, medical card or school paper.

Note: Also has pet food supplied through The Pet Project.

**Holiday: No Holiday Baskets**

HOME BRIDGE FOOD SHELF, 4217 Boone Avenue, N., Brooklyn Park, MN  55428, 763-533-5887.

Meals, groceries, breads, and vegetables can all be offered to people who need help.

HOUSE OF CHARITY, 510 South 8th Street, Minneapolis, MN, (612) 594-2000. www.houseofcharity.org Food Center located at 714 Park Avenue, Minneapolis.

Meals: Monday – Friday, women and children only, 8:30 – 9 a.m.; Monday – Friday, everyone, 12 noon to 1 p.m.; Saturday/Sunday, everyone, 10:30 – 11:30 a.m. Showers: Monday – Friday, 9 a.m. – 12:40 p.m.

IGLESIA DEL NAZARENO FOOD SHELF, 501 73rd Ave. N., Brooklyn Center. 763-566-1290.

AREA SERVED: Hennepin County, primarily Hispanic families

HOURS: 2nd & last Monday of the month at 4 pm

VISITS ALLOWED: Once a month. Number of times a family may pick up food may be limited. Call above number for information.

ID: Call for information

**Holiday: Check with food shelf**

INCARNATION CHURCH FOOD SHELF, 3817 Pleasant Ave. S. Mpls. 55409 612-822-2101

AREA SERVED: Boundaries are Nicollet on the east, Lyndale on the west, 30th Street on the north, 50th Street on the south.

HOURS: Tuesday and Thursday 8:30 am – 2:30 pm.

VISITS ALLOWED: One visit a month

ID: Photo ID and proof of current address.

Note: Clothing room available during food shelf hours.

**Holiday: Check with the food shelf**

JOYCE UPTOWN FOOD SHELF, 3041 Fremont Ave. S, Mpls. 55408  612-825-4431 www.joyceuptownfoodshelf.org

AREA SERVED: Southwest Minneapolis – Boundaries are 25th Street to the north, 62nd to the south, France to the west and 35W to the east from 25th through 32nd, after 32nd it’s Lyndale

HOURS: Mon – Fri 1:00 pm – 3:45 pm; Thurs 5:00 pm – 6:30 pm. Can walk in – there is a quick and short registration process

VISITS ALLOWED: Once a month they will be provided with 3 days of food

ID: Must present photo ID and proof of address which could be a current utility bill or a lease, and dates of birth of children

**Holiday: No Holiday Food Program**
LOAVES AND FISHES, 1121 NE Jackson St., Suite 143, Mpls. 55413 612-377-9810
http://www.loavesandfishesmn.org

AREA SERVED: Provide evening meals in Minneapolis and St. Paul area at the following sites:

Brunswick United Methodist Church, 6122 42nd Ave. N., Crystal Wed.& Thurs. 5:30-6:30 pm.
Creekside Community Center, 9801 Penn Ave. S., Bloomington 952-948-0746 M – F
5:30 – 6:30 p.m.
Dorothy Day Center, 183 Old Sixth St., St. Paul 612-204-8485. Sun – Fri 4:30 – 5:30 p.m.
Holy Rosary Church, 2424 18th Ave. S., Mpls. M – Th 5:15 – 6:15 p.m.
Hope Presbyterian Church, 7132 Portland Ave. S., Richfield 612-869-7700. M – Th 5:00 6:00 pm.
St. Gabriels Church, 1830 Old Sixth St., St. Paul 612-204-8485. Sun – Fri 4:30 – 5:30 p.m.
Holy Rosary Church, 2424 18th Ave. S., Mpls. M – Th 5:15 – 6:15 p.m.
Hope Presbyterian Church, 7132 Portland Ave. S., Richfield 612-869-7700. M – Th 5:00 6:00 pm.
St. Gabriels Church, 1310 Mainstreet, Hopkins Sat. 5:30 – 6:30 pm.
St. Mark’s Catholic Church, 350 Atwood St., Shakopee, Mon, Tues & Thurs 5:30 – 6:30 p.m.
St. Matthews Catholic Church, 510 Hall Ave., St. Paul M – F. 5:00 6:00 p.m.
St. Stephen’s Catholic Church, 2123 Clinton Ave. S., Mpls. 612-871-2981. M – F 5:30 – 6:30 pm
Salvation Army North, 2024 Lyndale Avenue N., Mpls. Mon – Fri 11:30 am – 12:30 pm
Salvation Army Temple Corps, 1604 East Lake St. Minneapolis Mon-Fri 12 noon – 1 pm.
New Bethel, 1115 30th Ave. N., Minneapolis Wed. – Fri. 5:30-6:30 pm.
Easter Lutheran Church, 4545 Pilot Knob Road, Eagan. Mon, Tues, Wed, Thu 5:30 – 6:30 pm.
Brooklyn United Methodist Church, 7200 Brooklyn Center Blvd., Brooklyn Center. Mon, Wed, Fri noon-1 pm.
Plymouth Covenant Church, 4300 Vicksburg Lane N., Plymouth. Tues & Sat 5:30- 6:30 pm.
Woodlake, 7525 Oliver Ave. S., Richfield Sat & Sun 5:30 – 6:30 pm
Beloved United Methodist Church, 1965 Sherwood Ave., St. Paul, 55119. Mon & Tues 5:30-6:30 pm
Gethsemane, 2410 Stillwater Rd. E., St. Paul, 55119. 651-739-1264, 1st & 3rd Thursday of month 5:30 – 6:30 pm.

HOURS: Usual hours - 5:30 – 6:30 pm. Call above number for times and locations of other sites.
VISITS ALLOWED: No limit
ID: None required.

**Holiday: Check with each site for additional meals**

MASJID AN-NUR'S FOOD SHELF, 1729 Lyndale Ave. N., Mpls, 55411
612-521-1749 www.masjidannur.org

AREA SERVED: North Minneapolis but will accept anyone
HOURS: 3rd Saturday of each month, 8:00am to 9:30am
VISITS ALLOWED: Once per month. First come, first served.
ID: Registration on same day. State issued photo ID (driver’s license or MN state ID, proof of residence (lease, utility bill). Complete application showing number in household and income.
Note: Serve hot meals 3 – 5 pm Saturdays.

**No Holiday Food Program**

MESSIAH LUTHERAN CHURCH, MINNEAPOLIS, FOOD SHELF, 2400 Park Ave. S, Minneapolis,
MN 55404 612-871-8831

AREA SERVED: Highway 94 to the north, Lake Street to the south, Hiawatha to the east, 35W to the west.
HOURS: 2nd Friday and 4th Saturday of each month 9:30-11:30 am. Registration begins at 8:00 am and a brunch is served at 9:00 am. No appointment required
VISITS ALLOWED: Once a month
ID: Must present ID or a utility bill for proof of residency. No proof required for children
**Holiday: Check with food shelf staff for Holiday food baskets for food shelf participants.**

MINNEHAHA FOOD SHELF, Minnehaha United Methodist Church, 3701 East 50th St., Mpls. 55417
612-721-6231. www.minnehaha.org
AREA SERVED: Minneapolis residents living between the Crosstown and Lake Street, Cedar Ave. and the river.
HOURS: Tuesday 10:30 a.m. – 3 p.m.
VISITS ALLOWED: Once/month
ID: Photo ID for all adult family members, proof of address that is current, some form of ID for children (SS card, school ID)

**Holiday: Parents who visit the food shelf can shop for toys & gifts for children & teens.**

MINNESOTA TEAMSTERS SERVICE BUREAU, for Teamster members and their families, 3001 University Avenue, SE, Minneapolis, MN 55414, 612-378-0446. Food Shelf is sponsored by the Teamsters Joint Council 32 Food Shelf and it is the only labor-run food shelf in MN. Members: For use of the Food Shelf, please contact your local Union business agent or officers for prior authorization or for any questions. The Food Shelf is open on Tuesdays and Wednesdays, from 9 a.m. to 2 p.m. It is located on the main level of the Minnesota Teamsters Building, on the corner of 30th and University Avenues, Minneapolis, MN, (612) 378-0446.

The Minnesota Teamsters Service Bureau also offers other forms of assistance for Teamster members and their families, as well as dislocated workers. Find out about these services at 612-676-3700 or there are 24/7 crisis counselors available at 1-800-979-9725.

NEW CREATION BAPTIST CHURCH FOOD SHELF, 1414 E. 48th St. Minneapolis.
www.newcreationbaptistchurch.net
AREA SERVED: Twin Cities – people with low income.
HOURS: Saturday 10 am – 2 pm.
VISITS ALLOWED: Twice a month
ID: Picture ID and current piece of mail.

**Holiday: No information available**

NORTH POINT HEALTH & WELLNESS, INC. 1315 Penn Ave. N., Mpls. 55411, 612-767-9175, www.northpointhealth.org
AREA SERVED: Hennepin County, especially North Minneapolis.
HOURS: Mon. Tues, & Thurs. 9 a.m. – 3:00 p.m. Wed. 11 a.m. – 6 p.m. Must pre-register by calling above number
VISITS ALLOWED: Once a month
ID: Picture ID and current piece of mail.

**Holiday: No Holiday Program**

PILLSBURY UNITED COMMUNITIES, Food Shelves at Two Locations:

- BRIAN COYLE CENTER FOOD SHELF, 420 – 15th Avenue, S., Minneapolis, MN 55454,
  Contact: Sara at 612-876-9366.
  HOURS: Mondays, 12 noon – 6 p.m.; Wednesdays, 12 noon – 4 p.m.; Fridays, 12 noon – 4 p.m.

- WAITE HOUSE FOOD SHELF, 2323 – 11th Avenue, S., Minneapolis, MN 55404,
  Contact: Andrea at 612-721-1681.
  HOURS: Mondays, 1 to 5 p.m.; Tuesdays, 2:30 to 6:30 p.m.; Thursdays, 2:30 to 6:30 p.m.; and Fridays, 1 to 5 p.m.

PLYMOUTH CONGREGATIONAL CHURCH, 1900 Nicollet Avenue, S., Minneapolis, MN 55403, 612-871-0277
SABATHANI COMMUNITY CENTER FOOD SHELF, 310 East 38TH Street Mpls. 55409  612-821-2396  www.sabathani.org

AREA SERVED: South Minneapolis boundaries East of 35W-Lake Street to Crosstown/62 West of 35W-32nd Street to Crosstown/62 Lyndale to Hiawatha. Culturally specific food items.
HOURS:  Mon - Thurs  9 – 11:30 am; 1 – 3:30 pm.
VISITS ALLOWED:  Once a month
ID:  Photo ID, piece of mail less than 30 days old (preferably a bill), proof of birth for children
Note:  Also has Clothing Boutique Mon – Thurs 9 – 11 am, 1 – 3 pm.

**Holiday: Check with the food shelf**

SALVATION ARMY FOOD PANTRIES  http://salvationarmynorth.org

AREA SERVED:  S.A. suggests calling United Way 2-1-1 (651-291-0211) to find out which pantry serves the client’s area and the hours.  Food pantry locations and hours listed below.
HOURS:  See below.  Walk in.  No appointment necessary at most locations, but call to check before going. Some are by appointment only.
VISITS ALLOWED:  Once a month
ID:  Picture ID, current piece of mail (less than 30 days old) for each adult 18 and over; Medical card, SS card, Birth certificate or school ID for all children 17 and under.
Note:  Some food shelves have Youth hours.  Call location for information.

LOCATIONS:

- Temple/East Lake Street Office: 1604 Lake St. E, Minneapolis, MN 55407.  612-721-1513.  Appointments required.  Call for appointment.  Hours: Mon-Thurs 8 to 11:30 am, 1 - 3 pm. Fri 8 am – 12 noon; and 1 – 3 pm.
- Central/NEED Office: 2727 Central Ave. NE, Minneapolis, MN 55418.  612-789-2858.  Hours - Mon - Fri 8 am - noon; 1 – 4 pm. Appointment or walk-in.  Food shelf includes Hmong & Laotian foods.
- Burnsville Social Service Office: 13901 Fairview Dr., Burnsville, MN 55337.  952-898-2736.  Use Prince of Peace Lutheran Church Mission Outpost entrance.  Mon 1-3 pm, 5-7 pm; Tues 12-2 pm; Wed 5-7 pm; Thurs.  10:30 am – 12:30 pm.
- St. Paul Citadel: 401 W. 7th St., St. Paul, MN 55102.  651-224-4316.  Mon & Wed 9-11 am, new walk-ins 1-2:30 pm;  This St. Paul Citadel site is a Senior Citizens Sensitive Food Pantry.  In addition to providing nutritionally balanced food, this food pantry can deliver groceries to homebound senior citizens (people with disabilities should also inquire.)
- Lakewood/Maplewood:  2080 Woodlynn Ave., Maplewood, MN 55109 651-779-9177.  By Appointment.  Mon & Thurs 10 am – 2 pm.  This Lakewood/Maplewood site is a Senior Citizens Sensitive Food Pantry.  In addition to providing nutritionally balanced food, this food pantry can deliver groceries to homebound senior citizens (people with disabilities should also inquire.)

**Holiday: Holiday Food Baskets at some sites.  Call site for information.  Online registration for Toy Shop.  Toy Shop Hotline – 952-746-3595 open Mon – Fri 9 am – 4 pm to answer questions and take registrations**
SENIOR FOOD SHELF (SATELITE OF EAST SIDE NEIGHBORHOOD) 1801 Central Ave. N.E., Mpls, MN 612-788-9521 www.esns.org

AREA SERVED: Hennepin County. Seniors (low income) age 55 and older (all members in family must be 55 or older).

HOURS: Monday through Friday 10 am 2:45 pm. No appointment needed. Register on site.

VISITS ALLOWED: Once a month

ID: Photo ID, SS card

Note: Also has pet food supplied through The Pet Project

**Holiday: No Holiday Food Program**

SHARING AND CARING HANDS FOOD SHELF, 525 North 7TH Street Mpls. 55405 612-338-4640 www.sharingandcaringhands.org

AREA SERVED: No geographic guidelines

HOURS: Monday through Thursday 10-11:30 am and 1:30 – 3:00 pm. Must stand in line and wait for your turn to ask for a food shelf voucher

VISITS ALLOWED: Twice a month

ID: Picture ID for adults; ID for children

**Holiday: Information not available**

SIMPSON FOOD SHELF, 2740 First Ave. S, Mpls. 55408 612-874-7741 (Located at Simpson United Methodist Church)

AREA SERVED: Franklin to Lake and Lyndale to Portland

HOURS: Tuesday – Friday from 9:30 am to 12:15 pm. No appointment required

VISITS ALLOWED: They may visit the food shelf once a month

ID: Must present ID and utility bill for proof of residency or lease. Must present Social Security card and/or birth certificate or medical card for each child

**Holiday: No Holiday Food Program**

WAITE HOUSE FOOD SHELF, 2529 13TH AVE. S., MPLS., 55404 612-721-1681 www.puc-mn.org

AREA SERVED: Residents of Phillips neighborhood, but will accept anyone.

HOURS: Monday & Friday 1pm-5pm, Tuesday and Thursday 10 an – 12 noon and 2:30pm – 6:30pm.

VISITS ALLOWED: 15 lbs. of food per person each month

ID: Proof of residency (piece of mail) and photo ID for head of household

**Holiday: Check with the food shelf**
FREE COMMUNITY MEALS, HENNEPIN COUNTY (From Alliance of the Streets 2015-2016)

Breakfast

Catholic Charities Opportunity Center
740 East 17th Street
Phone: 612-204-8300
Serves breakfast 7–8 am Monday through Saturday.

House of Charity Food Centre
714 Park Avenue South
Phone: 612-436-2055
Serves women and families with children Monday–Friday from 8:30–9 am. Brunch is served to anyone on Saturday and Sunday from 10:30-11:30 am.

Sharing and Caring Hands (Mary Jo’s)
525 North 7th Street
Phone: 612-338-4640
Serves breakfast 10 am Monday-Thursday; 10-12 am. Sat & Sunday.

Drop-in Centers, Lunch and Snacks

Catholic Charities Opportunity Center
740 East 17th Street
Phone: 612-204-8300
Serves lunch 11:30–12:30 Monday through Saturday. Drop-in Hours: Monday–Saturday 7 am–3 pm. The Opportunity Center also has small-scale storage lockers ($5 for 30 days only; after that must wait 2 months to rent locker again), showers, and laundry available Monday–Friday ($1 for one wash/dry load).

Central Lutheran Church Restoration Center
333 South 12th Street
Phone: 612-870-4416
Hours: Lunch is served on Mondays 11:30 am–12:30 pm. Outreach is done Monday 7 am-2 pm and Tuesday–Thursday 7:30 am–2 pm (assistance with medical co-pays and glasses, some dental and transportation assistance. Computer access is available Monday–Thursday 7:30–2. Pastoral assistance is available by appointment Mondays & Tuesdays and from 9-11am Wednesday and Thursday.

Community Emergency Service
Phone: 612-870-6121
Provides: Meals-on-wheels delivered for elderly and disabled individuals.

House of Charity Food Centre
714 Park Avenue South
Phone: 612-436-2055
Hours: Lunch is served Monday–Friday from 12:00–1 pm. Weekend brunch served Saturday and Sunday from 10:30–11:30 am.
FREE COMMUNITY MEALS, HENNEPIN COUNTY, (From Alliance of the Streets 2015-2016) continued

Marie Sandvik Center
1112 East Franklin Avenue
Phone: 612-870-9617
Hours: Tuesday 7 pm worship service followed by women’s clothing and meal; Thursday 12 pm quilt and baby layette signup; Thursday 1 pm worship service followed by women’s and children’s clothing and meal (child care provided during service); Friday 7 pm worship service followed by men’s clothing and meal; Sunday 6 pm service followed by men’s clothing and meal.

Open Hands Midway
Bethlehem Lutheran Church
436 Roy St. N., St. Paul
Phone: 651-646-6549
Hours: Every Monday from 12 pm until 2 pm, we offer a meal, fresh produce, bakery, clothing and household items FREE to people in need.

Peace House
1816 Portland Avenue South
Phone: 612-870-7263
Provides: A gathering place where poor, homeless and economically comfortable people come to form community, work for non-violence, affirmation and responsibility. Emphasis on spirituality through daily reflection time together, followed by lunch Doors closed for reflection, meditation and lunch from 11:30-12:45.

FREE COMMUNITY MEALS, HENNEPIN COUNTY (From Alliance of the Streets 2015-2016)

Salvation Army Temple Corps
1604 East Lake St.
Phone: 612-767-2710
Provides: Lunch served Monday-Friday from noon -1 pm.

St. Mark’s Episcopal Cathedral
519 Oak Grove Street
Phone: 612-870-7800
Hours: Warm Space open Thurs. 12–5 pm. Bag lunches, snacks.

Sharing and Caring Hands (Mary Jo’s)
525 North 7th Street
Phone: 612-338-4640
Hours: Serves lunch Monday–Thursday at noon; Saturday and Sunday at 10 am-12 pm

Waite House
2323 11th Avenue South
Phone: 612-721-1681
Hours: Lunch is served 11 am–12:30 pm, Monday-Friday.
FREE COMMUNITY MEALS, HENNEPIN COUNTY, (From Alliance of the Streets 2015-2016) continued

Dinner

Living Spirit United Methodist Church
4501 Bloomington Avenue South

Phone: 612-721-5025

Hours: Serves dinner Wednesdays 5:30-6:30 pm.

Loaves and Fishes Too
All sites serve Monday–Friday 5:30–6:30 pm except as noted.

River of Life Church
2200 Fremont Avenue North
Phone: 612-521-7655

Holy Rosary Church
2424 18th Avenue South
Phone: 612-724-8929
Serves 5:15-6:15 pm Monday-Thursday

St. Stephen’s School
2123 Clinton Avenue South
Phone: 612-871-2981

Creekside Community Center
9801 Penn Avenue South, Bloomington
Phone: 952-948-0746

Hope Church
7132 Portland Avenue South, Richfield
Phone: 612-869-7700
Serves Monday-Thursday 5–6 pm.

St. Mark’s Episcopal Cathedral
519 Oak Grove Street
Phone: 612-870-7800
Hours: Dinner on Mondays at 6 pm for people under 30.

Salvation Army Harbor Light Center
1010 Currie Avenue
Phone: 612-338-0113
Hours: A hot meal open to the public is served seven days a week at 6 pm.

Sharing and Caring Hands (Mary Jo’s)
425 North 7th Street
Phone: 612-338-4640
Hours: Dinner is served Monday–Thursday at 3:30 pm.
FREE COMMUNITY MEALS, HENNEPIN COUNTY (From Alliance of the Streets 2015-2016 continued)

Other Weekend Meals

Calvary Baptist Church
2608 Blaisdell Avenue South
Phone: 612-872-7855
Remarks: Dinner on Sundays, October–April. Doors open at 1:30 pm for 2:30 meal. In 2015, will be closed on the first Sunday of the month.

Salvation Army Harbor Light Center
1010 Currie Avenue
Phone: 612-767-3100
Remarks: For Sunday, a nice dinner is served after chapel (service begins at 10 am). You must attend chapel to go to the meal. The regular “nutrition line” is at 6 pm and is open to the public.

Wesley Church
101 East Grant Street
Remarks: Tickets are issued at 10:30 am and doors open at 11:30 for noon meal.

These Sunday meals are served 5–6 pm
First and Fifth Sundays of the Month
Hennepin Avenue Methodist Church
511 Groveland Avenue

Second Sunday of the Month
St. Mark’s Episcopal Cathedral
519 Oak Grove Street

Third Sunday of the Month
Plymouth Congregational Church
1900 Nicollet Avenue South

Fourth Sunday of the Month
Westminster Presbyterian Church
Nicollet Mall at South 12th Street
HUNGER SOLUTIONS, www.hungersolutions.org  651-486-9860
This site helps people locate food resources in Minnesota. Can search by zip code, city or county. Operates Minnesota Food Helpline, 1-888-711-1151. They will assess a person’s situation and provide solutions to the food needs. Hours: M – F 8:30 am – 4:30 pm. Also has some information about pet food resources.

THE FOOD GROUP, 8501 54th Avenue N, Minneapolis, 55428  http://thefoodgroupmn.org. (Formerly Emergency Foodshelf Network) 763-450-3860.
A service to call and they will route a person to the closest food shelf near their home. Check their web site for other programs. They have information about multicultural food resources. Also information about pet food resources. 
**Holiday: Baskets of Hope – baskets being delivered to local food shelves. Check with your food shelf**

CAPI ASIAN FOOD SHELF, 310 East 38th Street, Minneapolis, MN 55409 (located at Sabathani Community Center) 612-767-3686  www.capiusa.org
AREA SERVED: Asian & Pacific Island population in Hennepin County
HOURS: Monday 12:30 – 3:30 pm; Tuesday & Wednesday 9 am – 3:30 pm. Call 612-767-3686 for information
VISITS ALLOWED: Once a month. To enroll, call 612-767-3686 to speak to the Food Shelf Coordinator.
ID: Photo ID, proof of current residence, birth dates of all family members.
**Holiday: – No Holiday program**

COMMUNITY EMERGENCY ASSISTANCE PROGRAM (CEAP), 7051 Brooklyn Blvd., Brooklyn Center, MN 55429,  763-566-9600.  www.ceap.org
AREA SERVED: Residents of Brooklyn Center, Brooklyn Park, and Champlin east of Highway 169.
HOURS: Monday - Friday 8:00 am - 4:30 pm. - call for appointment
VISITS ALLOWED: Once per month
ID: Photo ID for each adult (19 and over) in household; current mail (utility or medical bill); for children – birth certificate, medical card, SS card, school ID
Note: Also operates a Youth Food Shelf for children ages 12 – 21 at Cross of Glory Lutheran Church, 5929 Brooklyn Blvd, Brooklyn Center. Open Wednesdays 3 – 6 pm. No Questions Asked.
Note: Also have Meals on Wheels. Provides food and clothing assistance and resource referrals to families.
**Holiday: Check with staff at the food shelf.**

C.R.O.S.S. CHRISTIANS REACHING OUT IN SOCIAL SERVICE, 12915 Weinand Circle, Rogers, 55374,  763-425-1050  www.crossservices.org
AREA SERVED: NW Hennepin County - Rogers, Maple Grove, Osseo, Champlin (west), Corcoran and Dayton, Hassan Township.
HOURS: Monday and Thursday 9 am - 4 pm; Wednesday 9 am – 7:30 pm, Friday 9am -1 pm. They ask that food shelf recipients come at least 1 hour before closing.
VISITS ALLOWED: Once/month
ID: Picture ID, proof of address (utility bill, etc.), birth dates & SS numbers of each member of the family
Note: Volunteers provide hot or cold meals, vegetables, case management, and support to families. Also have clothes closet and household items. Some limited financial assistance available.
**Holiday – Check with food shelf staff. Toys for tots and teens at Christmas.**
FOOD IN THE HOOD (GOOD IN THE HOOD) Cedarcrest Church, 1630 E. 90th St., Bloomington, 55425 952-412-3732 (Food in the Hood Program Asst.) www.goodinthehood.org

AREA SERVED: No geographic boundaries
HOURS: 1st and 3rd Tuesday of each month from 5 -8 p.m. (no appointment necessary)
VISITS ALLOWED: Twice a month
ID: Photo ID; birth certificate, medical card for dependents.

**Holiday: Check at Food Shelf**

HANOVER AREA FOOD SHELF, 11024 Church St. NE, P.O. Box 394, Hanover, 55341, 763-498-8311 www.stpaulsinhanover.org

AREA SERVED: Hanover, St. Michael, Albertville, NW Loretto, & east corner of Corcoran.
HOURS: First & third Monday 5 - 7 pm; Tuesday & Friday 12 - 2 pm; Wednesday 10 am - 2 pm.
VISITS ALLOWED: Once/month
ID: Photo ID and proof of address (utility bill, etc.)
Note: Also has Community Clothes Closet Wednesday 10 am - 1 pm. Open to anyone.
**Holiday: Check with food shelf staff.**

HOPEBRIDGE FOOD SHELF, 4217 Boone Ave. N., New Hope. 763-533-6764 www.newhopechurchmn.org

AREA SERVED: New Hope, Crystal, Robbinsdale, Plymouth.
HOURS: Thursday 4 – 8 pm, Saturday 9 am – noon.
VISITS ALLOWED: Once a month
ID: Photo ID and current proof of address for each member of the family.

**Holiday: Information not available**

IGLESIA DEL NAZARENO FOOD SHELF, 501 73rd Ave. N., Brooklyn Center. 763-233-9296.

AREA SERVED: Hennepin County, primarily Hispanic families
HOURS: 2nd & last Monday of the month at 4 pm
VISITS ALLOWED: Once a month. Number of time a family may pick up food may be limited. Call above number for information.
ID: Call for information

**Holiday: No information available**

INTERCONGREGATION COMMUNITIES ASSOCIATION (ICA) EMERGENCY FOOD SHELF. 12990 Saint David's Road. Minnetonka, 55305, 952-938-0729 www.icafoodshelf.org

AREA SERVED: Minnetonka, Hopkins, Woodland, Greenwood, Shorewood, Deephaven, Excelsior
HOURS: Monday 10 am – 4:00 pm and 5 – 6:30 pm; Wednesday 10 am – 4 pm; Thursday & Friday 10 am – 2:30 pm; Saturday 10 am - 1 pm. Appointment needed. They will provide an emergency bag of food to those in great need who come in without an appointment
VISITS ALLOWED: Once a month.
ID: A current utility bill showing proof of address. For first time visitors who are new to the community they will accept a copy of the lease
Note: Also has pet food supplied through The Pet Project.

**Holiday – Check at food shelf**
INTERFAITH OUTREACH AND COMMUNITY PARTNERS, (IOCP), 1605 County Road 101 N., Plymouth, 55447, 763-489-7500,  http://iocp.org

AREA SERVED: Hamel, Long Lake, Minnetonka Beach, Medina, Medicine Lake, Orono, Plymouth (western parts), Wayzata

HOURS: Monday - Friday 9am - 5 pm; Wednesday 9 am – 8 pm. First time visitors must call for an appointment to see a case manager.

VISITS ALLOWED: Once a week

ID: Photo ID and current proof of address.

Free food as well as household goods are offered in Hennepin County. They also have information on USDA programs, such as surplus commodities.

**Holiday: - Check with food shelf staff**

LOAVES AND FISHES, 1121 NE Jackson St., Suite 143, Mpls. 55413 612-377-9810

www.loavesandfishesmn.org

AREA SERVED: Provide evening meals in Minneapolis and St. Paul area at the following sites:

- Brunswick United Methodist Church, 6122 42nd Ave. N., Crystal Wed.& Thurs. 5:30-6:30 pm.
- Creekside Community Center, 9801 Penn Ave. S., Bloomington 952-948-0746  M – F 5:30 – 6:30 pm.
- Dorothy Day Center, 183 Old Sixth St., St. Paul 612-204-8485. Sun – Fri 4:30 – 5:30 p.m.
- Holy Rosary Church, 2424 18th Ave. S., Mpls.  M – Th 5:15 – 6:15 p.m.
- Hope Presbyterian Church, 7132 Portland Ave. S., Richfield 612-869-7700.  M- Th 5:00 6:00 pm.
- St. Gabriels Church, 1310 Mainstreet, Hopkins  Sat.- Tues. 5:30 – 6:30 pm.
- St. Mark’s Catholic Church, 350 Atwood St., Shakopee, Mon, Tues & Thurs 5:30 – 6:30 p.m.
- St. Matthews Catholic Church, 510 Hall Ave., St. Paul M – F. 5:00 – 6:00 p.m.
- St. Stephen’s Catholic Church, 2123 Clinton Ave. S., Mpls. 612-871-2981. M–F 5:30–6:30 pm
- Salvation Army North, 2024 Lyndale Avenue N., Mpls.  Mon – Fri 11:30 am-12:30 pm
- Salvation Army Temple Corps, 1604 East Lake St. Minneapolis  Mon-Fri 12 noon – 1 pm.
- New Bethel, 1115 30th Ave. N., Minneapolis.  Wed. – Fri. 5:30–6:30 pm.
- Easter Lutheran Church, 4545 Pilot Knob Road, Eagan.  Mon, Tues, Wed, Thur 5:30 – 6:30 pm.
- Brooklyn United Methodist Church, 7200 Brooklyn Center Blvd., Brooklyn Center.  Mon, Wed, Fri noon-1 pm.
- Plymouth Covenant Church, 4300 Vicksburg Lane N., Plymouth.  Tues & Sat 5:30-6:30 pm.
- Woodlake, 7525 Oliver Ave. S., Richfield  Sat & Sun  5:30 – 6:30 pm
- Beloved United Methodist Church, 1965 Sherwood Ave., St. Paul, 55119.  Mon & Tues 5:30-6:30 pm
- Gethsemane, 2410 Stillwater Rd. E., St. Paul, 55119. 651-739-1264, 1st & 3rd Thursday of month 5:30 – 6:30 pm.

HOURS: Usual hours - 5:30 – 6:30 pm. Call above number for times and locations of other sites.

VISITS ALLOWED: No limit

ID: None required.

**Holiday: Check with each site for additional meals**

MAPLE PLAIN AREA FOOD SHELF, Maple Plain Community Church, 1815 Budd Ave.

N, Maple Plain, MN 55359, 763-479-1620  www.mpcommunitychurch.org

AREA SERVED: Maple Plain, Independence & Loretto

HOURS: Monday 12-2pm, Tuesday 4:30-6:30 pm. Call for appointment.

VISITS ALLOWED: Check with food shelf staff

ID: Photo ID, proof of residence (current address) and qualify for assistance according to EFAP

**Holiday: Check with food shelf staff**
MASJID AN-NUR'S FOOD SHELF, 1729 Lyndale Ave. N., Mpls, 55411
612-521-1749  www.masjidannur.org
AREA SERVED: North Minneapolis but will accept anyone
HOURS: 3rd Saturday of each month, 8:00am to 9:30am
VISITS ALLOWED: Once per month. First come, first served.
ID: Registration on same day. State issued photo ID (driver’s license or MN state ID, proof of residence (lease, utility bill). Complete application showing number in household and your income.
Note: Serve hot meals Saturday 3-5 pm.
**No Holiday Program**

NORTH POINT HEALTH & WELLNESS, INC.  1315 Penn Ave. N., Mpls. 55411
612-767-9500  www.northpointhealth.org
AREA SERVED: Hennepin County, especially North Minneapolis.
HOURS: Mon. Tues, & Thurs. 9 a.m.–3:00 p.m. Wed. 11 a.m.–6 p.m. Must pre-register by calling above number
VISITS ALLOWED: Once a month
ID: Picture ID and current piece of mail.
**Holiday: No Holiday Program**

NORTH SUBURBAN EMERGENCY ASSISTANCE RESPONSE (NEAR), 4803 Welcome Ave. N., Crystal, MN  763-533-2836  www.nearfoodshelf.org
AREA SERVED: Northern Robbinsdale, New Hope and Crystal between 42nd Ave. N and 62nd Ave. N.
HOURS: Mon, Tues, Wed & Fri 1:30–4:30 pm; Thurs 1:30 – 6 pm. Must call above number for an appointment between 9 am & 4:30 pm Monday through Friday.
VISITS ALLOWED: 2 – 3 day supply of food once every 30 days
ID: Will be notified when appointment is made.
**Holiday: Thanksgiving & Christmas boxes of food are given. Call for information**

PEOPLE REACHING OUT TO OTHER PEOPLE (PROP), 14700 Martin Drive, Eden Prairie, MN 55344, 952-937-9120,  www.prop@propfood.org.
For residents in need, who live in Eden Prairie and Chanhassen, MN. Assistance from the food pantry can include personal hygiene items, boxes of groceries, soups, and even diapers or baby formula. Other support services and assistance are available They also distribute food from the Nutrition Assistance Program (NAPS) for Seniors, (60+). This is the Commodity Supplemental Foods Program through the USDA.
HOURS: The Food Shelf is open Mondays through Fridays, from 9:30 a.m. to 12:45 p.m. and Wednesdays, from 4 to 6:30 p.m. NO WALK-INS after 12:45 p.m. Call for more information and to determine if an appointment is needed.
ID: Bring Photo ID. Bring proof of residency for ALL adults (age 18+) – Provide a piece of mail with name and address, within last 30 days.
**Holiday Gift Program for Seniors (59+) experiencing hardship. For food, inquire with Food Pantry staff.**

PEOPLE RESPONDING IN SOCIAL MINISTRY (PRISM), 730 Florida Ave., S., Golden Valley, MN 55426  763-529-1350  www.prismmpls.org
AREA SERVED: Golden Valley, Crystal South of 42 Ave., New Hope, Robbinsdale, and Plymouth East of 494. Note: Also have a thrift shop during food shelf hours. Open to the public.
HOURS: Monday 9 am – 7 pm, Tuesday,Wednesday, Thursday 9 am – 4 pm.
VISITS ALLOWED: 1/month. Must meet with a caseworker.
ID: Photo ID, Proof of residence within last 30 days. **Holiday: Check at the food shelf.**
SALVATION ARMY FOOD PANTRIES http://salvationarmynorth.org

AREA SERVED: S.A. suggests calling United Way 2-1-1 (651-291-0211) to find out which pantry serves the client’s area and the hours. Food pantry locations and hours listed below.

HOURS: See below. Walk in. No appointment necessary at most locations, but call to check before going. Some are by appointment only.

VISITS ALLOWED: Once a month

ID: Picture ID, current piece of mail (less than 30 days old) for each adult 18 and over; Medical card, SS card, Birth certificate or school ID for all children 17 and under.

Note: Some food shelves have Youth hours. Call location for information.

LOCATIONS:

• Temple/East Lake Street Office: 1604 Lake St. E, Minneapolis, MN 55407. 612-721-1513. Appointments required. Call for appointment. Hours: Mon-Thurs 8 to 11:30 am, 1 - 3 pm. Fri 8 am – 12 noon; and 1 – 3 pm.


• Central/NEED Office: 2727 Central Ave. NE, Minneapolis, MN 55418. 612-789-2858. Hours - Mon - Fri 8 am - noon; 1 – 4 pm. Appointment or walk-in. Food shelf includes Hmong & Laotian foods.

• Burnsville Social Service Office: 13901 Fairview Dr., Burnsville, MN 55337. 952-898-2736. Use Prince of Peace Lutheran Church Mission Outpost entrance. Mon 1-3 pm, 5-7 pm; Tues 12-2 pm; Wed 5-7 pm; Thurs. 10:30 am – 12:30 pm.

• St. Paul Citadel: 401 W. 7th St., St. Paul, MN 55102. 651-224-4316. Mon & Wed 9-11 am, new walk-ins 1-2:30 pm; This St. Paul Citadel site is a Senior Citizens Sensitive Food Pantry. In addition to providing nutritionally balanced food, this food pantry can deliver groceries to homebound senior citizens (people with disabilities should also inquire.)


• Lakewood/Maplewood: 2080 Woodlynn Ave., Maplewood, MN 55109 651-779-9177. By Appointment. Mon & Thurs 10 am – 2 pm. This Lakewood/Maplewood site is a Senior Citizens Sensitive Food Pantry. In addition to providing nutritionally balanced food, this food pantry can deliver groceries to homebound senior citizens (people with disabilities should also inquire.)

**Holiday: Holiday Food Baskets at some sites. Call site for information. Online registration for Toy Shop. Toy Shop Hotline – 952-746-3595 open Mon – Fri 9 am – 4 pm to answer questions and take registrations**

ST BONAVENTURE CATHOLIC COMMUNITY, ST VINCENT de PAUL SOCIETY FOOD SHELF, 901 East 90th Street, Bloomington, 55420. 952-854-4733 www.saintbonaventure.org

AREA SERVED: Bloomington and Richfield

HOURS: Tues 11 am – 1 pm, Fri 2 - 4 pm. No appointment required.

VISITS ALLOWED: They can visit the food shelf once a month

ID: Must show Photo ID and 1 proof of current address (utility bill, etc.)

A senior meal site also.

**Holiday: No Holiday Program **
ST. LOUIS PARK EMERGENCY PROGRAM (STEP) FOOD SHELF, 6812 W. Lake St., St. Louis Park, MN 55426, 952-925-4899 www.stepslp.org

AREA SERVED: St. Louis Park residents
HOURS: Mon, & Wed, 8 am – 4 pm; Tues noon – 8 pm; Thurs 8 am – 2 pm; Fri 8 am – noon. First time users must call above number for an appointment to meet with a social worker. Must bring ID and financial information.
VISITS ALLOWED: 1 – 2 times a month, determined after the appointment with the social worker.
ID: Photo ID and proof of address (current utility bill, etc.).
Note: Pet food occasionally available
Note: Also operates clothes closet.
**Holiday – check with food shelf staff**

VEAP (VOLUNTEERS ENLISTED TO ASSIST PEOPLE, 9600 Aldrich Ave. S.
Bloomington, 55420, 952-888-9616 www.veapvolunteers.org

AREA SERVED: Bloomington, Richfield, Edina, part of South Minneapolis south of 50th Street and west of Cedar.
HOURS: Mon, Tues, Wed 8 am – 5 pm; Thurs 8 am - 7 pm. By appointment only. Call 952-888-9616 ext. 100 5-7 days ahead of the time you want to pick up food.

VEAP (VOLUNTEERS ENLISTED TO ASSIST PEOPLE (continued)

VISITS ALLOWED: Once every 30 days. 5 day supply of food provided, including non-perishable food, fresh vegetables, fruit & dairy. Exceptions made for short term need on case by case basis determined by social workers. Also hygiene and baby products for families with children. Can provide an emergency pack of non-perishable items twice a year.
ID: Government issued ID for adults 18 and older plus a piece of mail no older than 30 days (with name and address). For children – SS card, birth certificate, baptismal certificate, school ID, medical card.
Note: Also have a Summer Youth Food Program for K – 12. 5-day breakfast & lunch pack once a week for 10 weeks. Designed to take the place of the free and reduced meals in school.
Also have pet food supplied by The Pet Project.
Also have home delivered meals for home bound and low income seniors and disabled adults.
**Holiday: Check with the food shelf**

WESTONKA FOOD SHELF, Operated by St. Vincent de Paul Society, 2443 Commerce Blvd. Mound, 55364 952-472-5599 A partnership of local churches. The Hennepin County Minnesota St. Vincent De Paul Society is a helpful resource to call for other assistance and help with bills too. Learn about federal government assistance and other resources for the low income, in addition to free food.
AREA SERVED: Independence, Maple Plain, Minnetrista, Mound, Navarre, Orono, Saint Bonifacius, Spring Park, Tonka Bay
HOURS: Mon. Tues. Thurs. 9:30 am – 12 noon & 1 – 3 pm; Wed. 9:30 – 12 noon, 6-8 pm; Fri. 9:30 – 12 noon; Sat 10 am – 12 noon. Call above number for appointment.
VISITS ALLOWED: Once a month
ID: Photo ID & mail showing current address or current driver’s license.
**Holiday: Check with food shelf staff for information**
RAMSEY COUNTY FOOD SHELF RESOURCES, (Pages 38 – 44)

HUNGER SOLUTIONS, www.hungersolutions.org 651-486-9860
This site helps people locate food resources in Minnesota. Can search by zip code, city or county. Operates Minnesota Food Helpline, 1-888-711-1151. They will assess a person’s situation and provide solutions to the food needs. Hours: M – F 8:30 am – 4:30 pm. Also has some information about pet food resources.

THE FOOD GROUP, 8501 54th Avenue N, Minneapolis, 55428  http://thefoodgroupmn.org  (Formerly Emergency Foodshelf Network) 763-450-3860.
A service to call and they will route a person to the closest food shelf near their home. Check their web site for other programs. They have information about multicultural food resources. Also information about pet food resources.
**Holiday: Baskets of Hope – Baskets being delivered to local food shelves. Check with your food shelf**

DEPARTMENT OF INDIAN WORK, 1671 Summit Ave., St. Paul, 55105, 651-789-3856
www.interfaithaction.org
Emergency services, including food, clothing closet, emergency transportation, holiday food bags, student assistance.
AREA SERVED: Ramsey County low income American Indian
HOURS: Monday 2 pm – 7 pm, Tuesday through Thursday, 9:30 am – 2:30 pm, Closed Friday.
VISITS ALLOWED: Once/month
ID: Tribal ID card, current utility bill to verify address.
**Holiday -- Thanksgiving and Christmas baskets for those served**
Thanksgiving 2016 registration: Monday, Oct. 17 – Thursday, Nov. 17. Pick Up: Monday, Nov. 21, 12-7 pm and Tuesday, Nov. 22, 10 am – 5 pm.
Christmas 2016 registration: Monday, Nov. 28 – Thursday, Dec. 15. Pick up: Monday, Dec. 19, 12 – 7 pm and Tuesday, Dec. 20, 10 am – 5 pm.
You must register in person and meet eligibility requirements to receive a food bag. The food shelf will be closed during the week of food bag pick up for both holidays.

GLORIOUS GROCERY GIVE-A-WAY, Mounds Park United Methodist Church, 1049 Euclid, St. Paul, MN 55106. 651-774-8736  www.moundsparkumc.org
AREA SERVED: Anyone can come.
HOURS: 3rd Saturday of the month from 10:30 am - noon. Groceries given away 11 am – 12 noon. People may start to arrive at 10 am.
VISITS ALLOWED: 1/month
ID: No ID required.
**Holiday: No program**
AREA SERVED: Summit-University neighborhood Victoria (E), Hamlin(W), Pierce Butler (N), and Summit (S).
HOURS: Monday through Thursday 9am – 6 pm and Friday 9 am – 4 pm.
VISITS ALLOWED: Once/month
ID: Photo ID, proof of current address.
Note: Clothes closet hours vary: please call ahead, fresh produce and bread available daily, pet food and personal hygiene products available as donations allow. **Holiday: check with food shelf staff for information**

KEYSTONE COMMUNITY SERVICE (3 locations covering most of St. Paul. CALL TO FIND OUT WHICH ONE SERVES YOUR ADDRESS) www.keystonecommunityservices.org
Midway – 1916 University Ave. St. Paul, MN 651-917-3792
HOURS: Monday-Friday, 10:00-11:30 and 1:00-3:30 p.m.
Walk-in only
Rice Street – 1459 Rice St. Suite 3, St. Paul, MN 651-487-2792 ext. 1
HOURS: Monday-Friday, 10:00-11:30 and 1:00-3:30 p.m.
Walk-in only
Roseville – 2833 North Hamline, St. Roseville, MN 651-756-7018
HOURS: Monday-Friday, 10:00-11:30 and 1:00-3:30 p.m.
Tuesday 5:30pm-7:30pm
Walk-in only
AREA SERVED: Ramsey County. See above addresses.
VISITS ALLOWED: Once/month
ID: Photo ID, proof of current address. Child – SS card, birth certificate, medical card.

Keystone’s Foodmobile travels to areas of high need in the community where people have difficulty getting to one of their food shelf sites. For more information about the Foodmobile and the distribution schedule please contact Ross Safford at rsafford@keystoneservices.org

**Holiday: – Check with food shelf staff**

LOAVES AND FISHES, 1121 NE Jackson St., Suite 143, Mpls. 55413 612-377-9810
www.loavesandfishesmn.org

AREA SERVED: Provide evening meals in Minneapolis and St. Paul area at the following sites:
Brunswick United Methodist Church, 6122 42nd Ave. N., Crystal Wed.& Thurs. 5:30-6:30 pm.
Creekside Community Center, 9801 Penn Ave. S., Bloomington 952-948-0746 M – F, 5:30 – 6:30 p.m.
Dorothy Day Center, 183 Old Sixth St., St. Paul 612-204-8485. Sun – Fri 4:30 – 5:30 p.m.
Holy Rosary Church, 2424 18th Ave. S., Mpls. M – Th 5:15 – 6:15 p.m.
Hope Presbyterian Church, 7132 Portland Ave. S., Richfield 612-869-7700. M- Th 5:00 6:00 pm.

St. Gabriels Church, 1310 Mainstreet, Hopkins Sat.- Tues. 5:30 – 6:30 pm.

St. Mark’s Catholic Church, 350 Atwood St.,Shakopee, Mon, Tues & Thurs 5:30 – 6:30 p.m.
St. Matthews Catholic Church, 510 Hall Ave., St. Paul M – F. 5:00 – 6:00 p.m.
St. Stephen’s Catholic Church, 2123 Clinton Ave. S., Mpls. 612-871-2981. M-F 5:30–6:30 pm
Salvation Army North, 2024 Lyndale Avenue N., Mpls. Mon – Fri 11:30 am-12:30 pm
Salvation Army Temple Corps, 1604 East Lake St. Minneapolis Mon-Fri 12 noon – 1 pm.
New Bethel, 1115 30th Ave. N., Minneapolis. Wed. – Fri. 5:30-6:30 pm.
Easter Lutheran Church, 4545 Pilot Knob Road, Eagan. Mon, Tues, Wed, Thur 5:30 – 6:30 pm.
LOAVES AND FISHES (continued)

Brooklyn United Methodist Church, 7200 Brooklyn Center Blvd., Brooklyn Center. Mon, Wed, Fri, noon-1 pm.
Plymouth Covenant Church, 4300 Vicksburg Lane N., Plymouth. Tues & Sat 5:30-6:30 pm.
Woodlake, 7525 Oliver Ave. S., Richfield Sat & Sun 5:30-6:30 pm
Beloved United Methodist Church, 1965 Sherwood Ave., St. Paul, 55119. Mon & Tues 5:30-6:30 pm
Our Redeemer, 1390 Larpenteur Ave. E., St. Paul, 55109. Wed 5:30-6:30 pm.
Gethsemane, 2410 Stillwater Rd. E., St. Paul, 55119. 651-739-1264, 1st & 3rd Thursday of month 5:30-6:30 pm.

HOURS: Usual hours - 5:30 – 6:30 pm. Call above number for times and locations of other sites.
VISITS ALLOWED: No limit
ID: None required.

**Holiday: Check with each site for additional meals**

www.merrickcs.org.
AREA SERVED: Maplewood residents and St. Paul residents that live in Merrick Community Services service area.
  • Monday: Names entered into lottery upon arrival at 2:30pm. Food distribution begins at 3:00pm.
  • Wednesday: Names entered into lottery upon arrival at 9:30am. Food distribution begins at 10 a.m.
  • Thursday: Names entered into lottery upon arrival at 9:30am. Food distribution begins at 10:00am.
HOURS: To ensure fairness and to prevent the need to arrive early, all eligible participants will enter their name into a drawing for numbers 1-50. You may enter the drawing 30 minutes prior to distribution.
VISITS ALLOWED: Once/month
ID: Photo ID, mail with name and current address. Children – SS card, birth certificate, medical card.

**Holiday: No Holiday Program**

AREA SERVED: Must meet one of the following criteria to use the food shelf: (1) be a refugee or immigrant who has been here for 5 years or less; (2) be involved in one of the Neighborhood House programs; or (3) live in ZIPs 55107 or Ramsey County side of 55118. Call for more information. 2 food shelves:
Wellstone Center Food Shelf
HOURS: Mon – Fri 9 am – 11:30; 1 -3:30 pm. ; 3rd Wed open until 7:30 pm. Serves participants on a first come-first served walk in basis.
VISITS ALLOWED: Once/month
ID: Photo ID, mail with name and current address, ID for all people in household..

Francis Basket Food Shelf, Sibley Manor Highland Park
HOURS: Mon 9 am – noon; Tuesday & Friday 9 am – 11:45, 1 – 3:30 pm. Closed Wed. & Thurs.
VISITS ALLOWED: Once/month
ID: Photo ID, mail with name and current address, ID for all people in household..

**Holiday: – Check with food shelf**
NORTH ST. PAUL AREA FOOD SHELF, 2538 Seppala Blvd, St. Paul, 651-770-1309.
AREA SERVED: North St. Paul & Oakdale
HOURS: Mon – Fri 10 am – 1 pm
VISITS ALLOWED: Once/month
ID: Photo ID or driver’s license, current utility bill.
**Holiday: No information available**

AREA SERVED:
HOURS: Open to the public every Tuesday. Call for information
VISITS ALLOWED: Call for information
ID: Call for information
**Holiday: No information available**

RALPH REEDER CENTER, 2101 NW 14TH St., New Brighton, MN (Pike Lake Elementary). 651-621-7451 www2.moundsviewschools.org/communityed/
AREA SERVED: Arden Hills, Mounds View, New Brighton, Shoreview, Northern Roseville and Ramsey County portion of St. Anthony.
HOURS: By appointment only. Call Monday – Friday from 9 am – 12 noon to set up appointment.
VISITS ALLOWED: Once/month
ID: Photo ID, mail with name and current address for each adult in household. Children – SS card, birth certificate, medical card.
**Holiday: Check with food shelf**

ROSEVILLE BAPTIST CHURCH FOOD SHELF, 211 W. Co Rd B2, Roseville. 651-484-9604
AREA SERVED: Ramsey County
HOURS: Call for information
VISITS ALLOWED: Once a month. Exceptions made for emergencies.
ID: Call for information
**Holiday: No information available**

SALVATION ARMY FOOD PANTRIES www.thesalarmynorth.org
AREA SERVED: S.A. suggests calling United Way 2-1-1 (651-291-0211) to find out which pantry serves the client’s area and the hours. Food pantry locations and hours listed below.
HOURS: See below. Walk in. No appointment necessary at most locations, but call to check before going. Some are by appointment only.
VISITS ALLOWED: Once a month
ID: Picture ID, current piece of mail (less than 30 days old) for each adult 18 and over; Medical card, SS card, Birth certificate or school ID for all children 17 and under.
Note: Some food shelves have Youth hours. Call location for information.
LOCATIONS:
• Temple/South Office: 1604 Lake St. E, Minneapolis, MN 55407. 612-721-1513. Appointments required. Call for appointment. Hours: Mon-Thurs 8 am - noon, 1 - 3:30 pm. Fri 8 am – 12 noon, 1 – 3 pm.
• Parkview/North Office: 2024 Lyndale Ave. N., Minneapolis, MN 55411. 612-522-4871. Hours - Mon & Fri 8 –1 – 3:30 pm; Tues, Wed & Fri 8:30 – 11 am, 1 – 3 pm.
• **SALVATION ARMY FOOD PANTRIES (continued)**


• Central/NEED Office: 2727 Central Ave. NE, Minneapolis, MN 55418. 612-789-2858. Hours - Mon - Thurs 8 am - noon; 1 – 3:30 pm. Fri 8 am – 12 noon, 1-3 pm. Appointment or walk-in. Food shelf includes Hmong & Laotian foods.


• St. Paul Citadel: 401 W. 7th St., St. Paul, MN 55102. 651-224-4316. Hours: By appt only. Monday-Thursday 8 am-noon and Monday-Friday 1-4 pm. Service Area: St. Paul Citadel serves the West 7th neighborhood of St. Paul. Culturally specific food available. Remarks: Call for an appointment. Can be used only once a month. **This St. Paul Citadel site is a Senior Citizens Sensitive Food Pantry. In addition to providing nutritionally balanced food, this food pantry can deliver groceries to homebound senior citizens (people with disabilities should also inquire).**

• St. Paul Eastside: 1019 Payne Ave., St. Paul, MN 55130. 651-776-8169. Hours: Walk-in, first come-first served. Monday 9 am-12 & 1 pm-4 pm; Tuesday-Thursday 8 am-12 & 1-4 pm Friday 8 am-12 pm. Service Area: Larpenteur (N) to Burlington Northern RR tracks and Grove (S); 35E (E) to English and Johnson Pkwy. (W) Remarks: Culturally specific food available. Can use once a month.

• Lakewood/Maplewood: 2080 Woodlynn Ave., Maplewood, MN 55109, Phone: 651-770-4974 (main); Foodshelf phone: 651-770-0282 Hours: By appt only. Monday and Thursday 10 am-2 pm. Service Area: Lakewood site serves Maplewood only. Culturally specific food available. Remarks: Call for an appointment. Can be used only once a month. **This Lakewood/Maplewood site is a Senior Citizens Sensitive Food Pantry. In addition to providing nutritionally balanced food, this food pantry can deliver groceries to homebound senior citizens (people with disabilities should also inquire).**

• Salvation Army Free Produce Distributions Numbers will be drawn at random to determine when participants may go shopping (not first come, first serve). Items include fresh produce and other perishable items such as meat & dairy.

• Salvation Army-East Side, 1019 Payne Avenue Tuesdays at 11 am (arrive no earlier than 10 to get a number)

• Salvation Army-St. Paul Citadel, 401 West 7th St. Fridays at 11 am (arrive no earlier than 10:30 to get a number)

**Holiday: Holiday Food Baskets at some sites. Call site for information. Online registration for Toy Shop. Toy Shop Hotline – 952-746-3595 open Mon – Fri 9 am – 4 pm to answer questions and take registrations**

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**SHARING KORNER FOOD SHELF, 439 Thomas Ave. St. Paul. 651-293-1931**

HOURS: Monday, Wednesday, Friday and Saturday, 9–11:30 am, by appointment only. Some walk-ins available, but you need to call first.

AREA SERVED: Rice (E); Victoria (W); University (S); Pierce Butler (N) Remarks: Some free clothing available for clients with appointments.

**Holiday: No**
ST JOHN THE BAPTIST CATHOLIC CHURCH, 835 2nd Ave. NW, New Brighton, 651-633-8333
AREA SERVED: New Brighton area only
HOURS: Mon, Wed, Fri 10 am - noon
VISITS ALLOWED: Twice a month
ID: Some form of ID and current mail with address
**Holiday: No**

AREA SERVED: Ramsey County, primarily older adults, people with disabilities.
HOURS: Appointment needed. Call above number Monday at 10 am.
VISITS ALLOWED: Once a month
ID: Information provided when you make an appointment.
**Holiday: No**

VADNAIS HEIGHTS LIONS CLUB FOOD SHELF, 655 County Road F East, Vadnais Heights. 612-245-9259
AREA SERVED: Vadnais Heights
HOURS: 3rd Saturday of the month 9 – 10 am from January – October & 9 – 11 am November & December.
VISITS ALLOWED: Once a month
ID: Photo ID & proof of current address.
**Holiday: No**
RAMSEY COUNTY FREE COMMUNITY MEALS

Breakfast

Dorothy Day Center
183 Old 6th Street
Serves breakfast Saturday and Sunday from 9–9:30 am.
Salvation Army-St. Paul Citadel
401 West 7th Street
Serves breakfast Monday–Friday from 7:30–8:30 am
Union Gospel Mission
435 East University Ave. Breakfast served 6:30-7:30 am.

Lunch

Dorothy Day Center
183 Old 6th Street
Serves lunch seven days a week from 11:45 am–12:45 pm
Salvation Army-East Side
1019 Payne Avenue
Serves lunch Monday–Friday 11:45 am–12:45 pm. Doors open at 11 am.

Dinner

Dorothy Day Center
183 Old 6th Street
Serves dinner seven days a week from 4:30–5:15 pm.
St. Andrew's Community Resource Center 900 Stillwater Road, Mahtomedi
Serves dinner Thursday nights from 6-7 pm.
St. Matthew’s Church
510 Hall Avenue
Phone: 651-224-9793
Serves dinner Monday–Friday 5-6 pm in the social hall below the church. (During Lent, Monday-Thursday only.)
Union Gospel Mission
435 East University Ave. Dinner served 5:30-6:30 pm.
This site helps people locate food resources in Minnesota. Can search by zip code, city or county. Operates Minnesota Food Helpline, 1-888-711-1151. They will assess a person’s situation and provide solutions to the food needs. Hours: M – F 8:30 am – 4:30 pm. Also has some information about pet food resources.

THE FOOD GROUP, 8501 54th Avenue N, Minneapolis, 55428  http://thefoodgroupmn.org  (Formerly Emergency Foodshelf Network) 763-450-3860.
A service to call and they will route a person to the closest food shelf near their home. Check their web site for other programs. They have information about multicultural food resources. Also information about pet food resources.

**Holiday: Baskets of Hope – baskets being delivered to local food shelves. Check with your food shelf**

BELLE PLAINE FOOD SHELF, 128 South Meridian, Belle Plaine, MN  952-283-1713  www.belleplainemn.com
AREA SERVED: Belle Plaine area
HOURS: Wed. 5 - 7 pm. Sat. 9 am - noon.
VISITS ALLOWED: Twice/month
ID: Photo ID or current bill with address.

**Holiday: Check with food shelf**

CAP AGENCY, 712 Canterbury Road S, Shakopee, MN  952-496-2125 Ext. 6  www.capagency.org
AREA SERVED: Scott County
HOURS: Monday 8:30 am – 6:00 pm; Tuesday through Friday 8:30 am – 4:3 pm. Call above number to make an appointment.
VISITS ALLOWED: Once/month
ID: Photo ID & piece of current mail to verify residence for every adult 18 & over in household. For children need a Social Security care, medical card or birth certificate. Must have an intake interview prior to first visit.

**Holiday: Check with food shelf.**

JORDAN AREA FOOD SHELF, 131 E. 1st St., Jordan, MN  952-564-4718
AREA SERVED: Jordan area
HOURS: Saturday, 9 am – 1 pm. Walk-ins
VISITS ALLOWED: Once/month
ID: Proof of address

**Holiday: They refer to area resources**

LOAVES AND FISHES, 1121 NE Jackson St., Suite 143, Mpls. 55413 612-377-9810  www.loavesandfishesmn.org
AREA SERVED: Provide evening meals in Minneapolis and St. Paul area at the following sites:
- Brunswick United Methodist Church, 6122 42nd Ave. N., Crystal  Wed.& Thurs. 5:30-6:30 pm.
- Creekside Community Center, 9801 Penn Ave. S., Bloomington 952-948-0746 M – F 5:30 – 6:30 p.m.
- Dorothy Day Center, 183 Old Sixth St., St. Paul 612-204-8485. Sun – Fri 4:30 – 5:30 p.m.
- Holy Rosary Church, 2424 18th Ave. S., Mpls.  M – Th 5:15 – 6:15 p.m.
- Hope Presbyterian Church, 7132 Portland Ave. S., Richfield 612-869-7700. M- Th 5:00 6:00 pm.
- St. Gabriels Church, 1310 Mainstreet, Hopkins Sat.- Tues. 5:30 – 6:30 pm.
LOAVES AND FISHES (continued)

St. Mark’s Catholic Church, 350 Atwood St., Shakopee, Mon, Tues & Thurs 5:30 – 6:30 p.m.
St. Matthew’s Catholic Church, 510 Hall Ave., St. Paul M – F. 5:00 – 6:00 p.m.
St. Stephen’s Catholic Church, 2123 Clinton Ave. S., Mpls. 612-871-2981. M–F 5:30–6:30 pm
Salvation Army North, 2024 Lyndale Avenue N., Mpls. Mon – Fri 11:30 am-12:30 pm
Salvation Army Temple Corps, 1604 East Lake St. Minneapolis Mon-Fri 12 noon – 1 pm.
New Bethel, 1115 30th Ave. N., Minneapolis. Wed. – Fri. 5:30-6:30 pm.
Easter Lutheran Church, 4545 Pilot Knob Road, Eagan. Mon, Tues, Wed, Thur 5:30 – 6:30 pm.
Brooklyn United Methodist Church, 7200 Brooklyn Center Blvd., Brooklyn Center. Mon, Wed, Fri noon-1 pm.
Plymouth Covenant Church, 4300 Vicksburg Lane N., Plymouth. Tues & Sat 5:30- 6:30 pm.
Woodlake, 7525 Oliver Ave. S., Richfield Sat & Sun 5:30 – 6:30 pm
Beloved United Methodist Church, 1965 Sherwood Ave., St. Paul, 55119. Mon & Tues 5:30-6:30 pm
Gethsemane, 2410 Stillwater Rd. E., St. Paul, 55119. 651-739-1264, 1st & 3rd Thursday of month 5:30 – 6:30 pm.

HOURS: Usual hours - 5:30 – 6:30 pm. Call above number for times and locations of other sites.
VISITS ALLOWED: No limit
ID: None required.
**Holiday: Check with each site for additional meals**

PEACE CENTER FOOD SHELF, 313 Columbus Ave. N., New Prague, MN 952-4688

AREA SERVED: New Prague area
HOURS: Monday, Wednesday, Friday 9 am – 12:30 pm; Thursday 4:30 – 6:30 pm
VISITS ALLOWED: Once/month; families allowed 30 lbs. of food/visit
ID: Photo ID (driver's license), proof of address
**Holiday: – Check with food shelf**

RUBY’S PANTRY, Glendale United Methodist Church, 13550 Glendale Rd., Savage, MN 612-674-0009

AREA SERVED: Savage area
HOURS: 3rd Monday of the month. Doors open at 4pm. Distribution 4:30-6 pm
VISITS ALLOWED: Once/month.
ID: Photo ID, proof of address.
WASHINGTON COUNTY FOODSHELF RESOURCES, (Pages 47 – 49)

HUNGER SOLUTIONS, www.hungersolutions.org  651-486-9860
This site helps people locate food resources in Minnesota. Can search by zip code, city or county. Operates Minnesota Food Helpline, 1-888-711-1151. They will assess a person’s situation and provide solutions to the food needs. Hours: M – F 8:30 am – 4:30 pm. Also has some information about pet food resources.

THE FOOD GROUP, 8501 54th Avenue N, Minneapolis, 55428  http://thefoodgroupmn.org. (Formerly Emergency Foodshelf Network) 763-450-3860.
A service to call and they will route a person to the closest food shelf near their home. Check their web site for other programs. They have information about multicultural food resources. Also information about pet food resources.

**Holiday: Baskets of Hope – baskets being delivered to local food shelves. Check with your food shelf**

CHRISTIAN CUPBOARD, Woodbury Lutheran Church, 7380 Afton Road, Woodbury, 651-233-1296  www.ceefs.org
AREA SERVED: Woodbury, Oakdale, Landfall & South Maplewood
HOURS: Mon 12 – 4 pm, Thurs 3 – 7 pm, Fri 9 am – 1:30 pm. Registration interview required at time of first visit.
VISITS ALLOWED: Once/month
ID: Picture ID for all adults in household, recent mail showing current address; ID for each child (medical card, Social Security card, birth certificate, school ID)

**Holiday: – Check with food shelf staff**

COMMUNITY HELPING HAND, 408 15th St. SW, Forest Lake, 651-464-6831
www.communityhelpinghand.org.
AREA SERVED: Forest Lake School District 831 – (includes Wyoming, Lynwood, Scandia, part of Lino Lakes, part of Hugo)
HOURS: By appointment only. Call above number to schedule appointment.
VISITS ALLOWED: 4 times/year (emergency food shelf only)
ID: Photo ID, Current utility bill
Note: Also operate a clothing and furniture thrift shop.

**Holiday: Thanksgiving only. Sign up for meals from Oct. 3, 10 am until Nov. 10, 2016 at 3 pm. Call for more information.**

FAMILY PATHWAYS FOOD PANTRY, 935 Lake St., S., Forest Lake, 651-464-2098
www.familypathways.org
AREA SERVED: Forest Lake, Wyoming, Scandia and surrounding area.
HOURS: Monday, Tuesday & Thursday 9 am - 6 pm; Friday 9 am – 3 pm; Saturday 9 am - 3 pm.
Appointments are recommended. Walk-ins are welcome.
VISITS ALLOWED: Once/month
ID: Photo ID; current mail showing address
Note: Also operate a Mobile Food Shelf. Check website for schedule.

**Holiday: No Holiday program**
FRIENDS IN NEED, 535 Fourth St., St. Paul Park, 651-458-0730 www.finfood.org
AREA SERVED: Cottage Grove, Newport, St. Paul Park and Grey Cloud Island
HOURS: Call for appointments: Tuesday 8 am – 6 pm; Wednesday 5:30 – 7 pm.
VISITS ALLOWED: Depends on individual need
ID: Picture ID, current bill showing address.
**Holiday: Check with food shelf**

HUGO GOOD NEIGHBOR FOOD SHELF, 15106 Francesca Ave. N, Hugo, MN 55038 651-528-6224
www.hugogoodneighborsfoodshelf.com
AREA SERVED: Hugo residents
HOURS: Monday, Tuesday & Thursday 4 - 7 pm.
VISITS ALLOWED: Once a month
ID: Photo ID with current address, Current utility bill.
**Holiday: Check with food shelf**

MAHTOMEDI AREA FOOD SHELF, 700 Mahtomedi Ave., Mahtomedi, 651-395-5350
AREA SERVED: Mahtomedi School District 832 (Mahtomedi, Willernie, Pine Springs, Grant, Dellwood and part of White Bear Lake).
HOURS: Tuesday & Thursday 1 - 3 pm. 1st & 3rd Wednesday 5-6:30 pm. Call to make appointment.
VISITS ALLOWED: Once/month
ID: Photo ID and current mail to verify address
**Holiday: Check with food shelf**

NEW LIFE CHURCH FOOD SHELF, 6758 Bailey Road, Woodbury, 651-459-0444
www.newlife4u.org
AREA SERVED: South Washington County – Woodbury, Cottage Grove, South Maplewood (south of 94) and Oakdale
HOURS: Summer Hours – Open Sunday mornings form 10:15 – 10:45 am. Walk-ups only, no reservations.
VISITS ALLOWED: Qualifying families can receive a food basket one each month. Main entrance.
ID: Photo ID and letter verifying address
**Holiday: Information unavailable**

ST. MICHAEL’S FOOD SHELF, 611 S. Third St., Stillwater, 651-439-3241
AREA SERVED: Boundaries of School District 834
HOURS: Call for appointment Monday through Friday 9 - 11 am.
VISITS ALLOWED: Information unavailable
ID: Information unavailable
**Holiday: No holiday program**

VALLEY OUTREACH FOOD SHELF, 1911 Curve Crest Blvd. W., Stillwater, MN 55082, 651-430-2739 http://valleyoutreachmn.org
AREA SERVED: Residents of Washington County within the Stillwater area School District 834
HOURS: Monday, Wednesday 7 Friday 10 am – 12 pm; Tuesday & Thursday 5 - 7 pm
VISITS ALLOWED: Once/month; Seniors Twice/month. Bonus Friday: In addition to the regular monthly visit(s), clients can visit the Food Shelf every Friday for extra produce, bread and other pre-selected items. Shifts start at 1 pm and 2 pm, closing at 3 pm, and rotate each month by last name. Sign in at 12:30 and 1:30 pm; lotteries held at 12:45 and 1:45 pm.
VALLEY OUTREACH FOOD SHELF (continued)
Mobile Choice: Clients with limited mobility due to age, health and/or disability may have the option to have their food delivered to they home.
ID: Photo ID, proof of residence for each adult in household (such as utility bill dated within 45 days), proof of ID for children
Note: Also operate a clothes closet during food shelf hours. Also has pet food supplied through The Pet Project.
**Holiday: Check with food shelf**

HOURS: Call for appointments Monday through Friday 9:30 am - 12 noon; Tuesday and Thursday 4:30 – 7 pm Bonus Friday 10 am – noon. Clients are eligible to come every Friday to receive additional items such as fresh fruits and vegetables, fresh salads, yogurt parfaits, and fruit juices.
VISITS ALLOWED: Once/month
ID: Photo ID for adults in household; proof of residence (current mail (within 60 days) with name and address); Children – medical card, school ID, birth certificate
**Holiday: Check with food shelf staff**.
If you live in Greater Minnesota and you do not find a food shelf listed in our Food Resources Guide, please check into the four following general resources to find specific Food Resources to assist you and your family.

**HUNGER SOLUTIONS,** [www.hungersolutions.org](http://www.hungersolutions.org) 651-486-9860
This site helps people locate food resources in Minnesota. Can search by zip code, city or county. Operates Minnesota Food Helpline, 1-888-711-1151. They will assess a person’s situation and provide solutions to the food needs. Hours: M – F 8:30 am – 4:30 pm. **Also has some information about pet food resources.**

**THE FOOD GROUP, 8501 54th Avenue N, Minneapolis, 55428** [http://thefoodgroupmn.org](http://thefoodgroupmn.org) (Formerly Emergency Foodshelf Network) 763-450-3860.
A service to call and they will route a person to the closest food shelf near their home. Check their web site for other programs. **They have information about multicultural food resources. Also information about pet food resources.**

**Holiday: Baskets of Hope – baskets being delivered to local food shelves. Check with your food shelf**

**MINNESOTA FOOD HELPLINE**
Phone: 1-888-711-1151 (Multilingual assistance is also available)  
Hours: Monday–Friday 8:30 am–4:30 pm. 
Provides: Statewide food resource information and referral helpline. Callers can be screened for SNAP (food support/food stamp) eligibility and assisted with completing the application. Assists callers in locating food resources in their own community whether it be a food shelf and/or hot meal site. Also makes referrals for other public food programs like WIC (Women, Infants and Children), MAC (Mothers and Children) and NAPS (Nutrition Assistance Program for Seniors).

Minnesota Free Food. There are numerous food pantries and food banks in Minnesota. With help from users, we have compiled a list of some. If you know of a listing that is not included here, please submit new food pantry information to our database.

**BENTON COUNTY**

**RICE AREA FOOD SHELF, Old Village Hall, Main Street, Rice, MN 56367, 320-393-2915.**
**AREA SERVED:** Serves residents of the area around Rice, Royalton, Gilman and St. Stephen, MN.  
**HOURS:** Open from 3:00 to 5:30 p.m. on the First Thursday of the first full week of the month. If need is an emergency, call (32) 393-2915.

**CROSS CENTER OF BENTON COUNTY FOOD SHELF, 150 Fourth Avenue, Foley, MN 56329, 320-968-7012.**
**HOURS:** Open from 1:00 to 4:00 p.m. and from 6:00 to 8:00 p.m. on Mondays and from 10:00 a.m. to 3 p.m. on Thursdays.
BROWN COUNTY
NEW ULM AREA EMERGENCY FOOD SHELF, 1305 S. Valley Street, New Ulm, MN  56073, 507-354-7668.
AREA SERVED: Brown County, except for Sleepy Eye and Springfield. Requires a Social Security number and proof of address.
Hours: Open between 12:00 and 3:00 p.m. on Mondays and Wednesdays, as well as between 6:30 and 8:00 p.m., on the First Mondays of the month.

CARLTON COUNTY
SALVATION ARMY FOOD SHELF, CLOQUET, MN, 316 Carlton Avenue, Cloquet, MN  55720, 218-879-1693.

MOOSE LAKE AREA FOOD SHELF, 308 Elm Avenue, Moose Lake, MN  55767, 218-485-8011. The Moose Lake Area Food Shelf is in the alleyway behind the Star Gazette Building at 308 Elm Avenue. AREA SERVED: Mostly provides service to residents of Moose Lake, and the surrounding area (Carlton and northern Pine Counties.) Contact Doris Clough, Mailing Address: PO Box 128, Moose Lake, MN  55767. HOURS: Between 8:30 a.m. and 12:00 noon, on Friday.

AREA SERVED: Serves residents of Eastern Blaine (East of Hwy. 65); Centerville, Circle Pines, Lexington, Lino Lakes.
HOURS: Mondays and Thursdays, from 4 to 6 p.m. Closed on holidays.
ID: Requires two forms of ID, including proof of current address, such as a Photo ID and a piece of current mail with one’s name and address, such as a utility bill.

CHISAGO COUNTY
RUSH CITY FOOD SHELF, 720 W. 14th Street, Rush City, MN  55069, 320-358-4428.
AREA SERVED: Residents of Rush City School District #139. Requires proof of address. For more information, contact Carolyn at (320) 358-0903.
HOURS: The food shelf is open from 2:00 until 4:45 p.m., on Tuesdays.

FAMILY PATHWAYS – NORTH BRANCH FOOD SHELF, 6381 Main Street, North Branch, MN 55056, 651-674-8313. Alternate phone: 651-464-2098. Alternate E-mail: kathyw@familypathways.org.
AREA SERVED: North Branch, Harris, Rush City, Stacy, and surrounding area.
HOURS: Mondays, 12:00 noon to 7 p.m.; Wednesdays, 9 a.m. to 6 p.m.; Thursdays, 9 a.m. to 12:00 noon; Friday, 9 a.m. to 6 p.m.

FAMILY PATHWAYS – LINDSTROM FOOD SHELF, 12882 First Avenue, N., Lindstrom, MN  55045, 651-257-1308. Alternate Phone: 651-464-2098. Alternate E-mail: kathyw@familypathways.org.
AREA SERVED: Lindstrom, Chisago City, Center City, Taylors Falls, Shafer, and surrounding areas.
HOURS: Mondays, 9 a.m. to 12:00 noon; and Tuesdays and Thursdays, 9 a.m. to 6 p.m.

FILLMORE COUNTY, MN
SAINT JOHN’S LUTHERAN FOOD SHELF, 241 Line Street, S., Wykoff, MN  55990, 507-352-4282.
Contact Saint John’s Lutheran Church Food Shelf at the phone number and address provided for full details.
FREEBORN COUNTY
ECUMENICAL FOOD SHELF – ALBERT LEA, MN, 308 Water Street, Albert Lea, MN  56007, 507-373-0263.  Alternate Phone:  507-373-2035 (First Presbyterian Church.)
AREA SERVED:  Serves Freeborn County residents.
HOURS:  Open between 10:00 a.m. to 2 p.m., on Tuesdays and between 10:00 a.m. and 12:00 noon, on Fridays. Please contact Ecumenical Food Shelf at the phone number and address provided for full details.

SALVATION ARMY FOOD SHELF – ALBERT LEA, MN, 302 Court Street, Albert Lea, MN  56007, 507-373-5710.
Please contact Salvation Army Food Shelf Albert Lea at the phone number and address provided for full details.

GOODHUE COUNTY, MN
ZUMBROTA AREA EMERGENCY FOOD SHELF, 242 Main Street, Zumbrota, MN  55992, 507-732-7140.

HOUSTON COUNTY, MN
SEMCAC HOUSTON COUNTY FOOD SHELF, 138 E. Main Street, Caledonia, MN  55921, 507-725-3677.
HOURS:  Between 9:00 a.m. and 12:00 noon and between 1:00 and 4:00 p.m., on Tuesdays and Thursdays.

ISANTI COUNTY, MN
FAMILY PATHWAYS – CAMBRIDGE FOOD PANTRY, 1575 First Avenue, E., Cambridge, MN 55008, 763-552-3663.  Alternate Phone:  651-464-2098.  Alternate E-mail:  kathyw@familypathways.org.
AREA SERVED:  Serving all of Isanti County.  Come around to building rear entrance.
HOURS:  Mondays, 12:00 noon to 7 p.m.; Tuesdays, 12:00 noon to 7 p.m.; Wednesdays, 9 a.m. to 6 p.m.; Thursdays, 12:00 noon to 7 p.m.; Fridays, 9 a.m. to 6 p.m.; and Saturdays, 9:00 a.m. to 3:00 p.m.
Provides families in need with at least three days of food, once per month.

KANOYHOI COUNTY, MN
FAMILY PATHWAYS – KANABEC COUNTY FOOD PANTRY, 214 Railroad Avenue, NW, Mora, MN 55051, 320-679-5513.
AREA SERVED:  Serves all of Kanabec County residents.  Contact:  Joan Donner.
HOURS:  No referral or appointment required.  Contact:  Joan Donner.  Hours:  Tuesdays and Fridays, 9:30 a.m. to 12:00 noon; and First Tuesdays of each month, 5:00 to 6:00 p.m.

LAKE COUNTY/TWO HARBORS, MN AREA
Living Waters Fellowship, in cooperation with churches of North Shore Evangelical Fellowships, operate this food pantry.
AREA SERVED:  Residents of Lake County.
HOURS:  Wednesdays, 1 to 5 p.m.
LE SUEUR COUNTY, MN
LE CENTER FOOD SHELF, 15 S. Park Avenue, Le Center, MN  56057, 507-420-5877.
AREA SERVED: Residents of Le Center are priority clients. Requires ID with address and proof of current address.
HOURS: From 1:00 to 3:00 p.m., on Mondays and from 6:00 to 8:00 p.m., on Wednesdays. May open outside of regular schedule for emergency situations.

LE SUEUR EMERGENCY FOOD SHELF, 427 S. Fifth Street, Le Sueur, MN  56058, 507-665-2615.
AREA SERVED: Serves residents of the Le Sueur Henderson School District. Does not require a referral but ID with address and proof of address are required. Requires names and birthdates for all members of household and completion of TEFAP form.
HOURS: From 2:00 to 3:30 p.m., on Tuesdays and Thursdays. Closed on holidays. Visits limited to once per month.

McLEOD COUNTY/HUTCHINSON/GLENCOE AREA
McLEOD COUNTY EMERGENCY FOOD SHELF, 498 Hwy. 7, East, Hutchinson, MN  55350, 320-587-4796. There is also a second location in Glencoe, MN. Call for details.
AREA SERVED: Residents of McLeod County.
HOURS: Mondays through Fridays, from 9 a.m. to 12 noon.
ID: Proof of address (recent piece of mail with one’s name and address) and Social Security Number/Card.

MILLE LACS COUNTY, MN
AREAS SERVED: Residents of the Princeton School District, as well as portions of Sherburne, Mille Lacs and Isanti Counties.
HOURS: Open from 1:00 to 3:00 p.m., on Mondays and Wednesdays; and from 9:00 to 11:00 a.m., on Fridays.

MOWER COUNTY, MN
SALVATION ARMY FOOD SHELF – AUSTIN, MN, 409 First Avenue, NE, Austin, MN  55912, 507-437-4566.
Please contact Salvation Army Food Shelf – Austin, MN at the phone number and address provided for full details.

NOBLES COUNTY/WORTHINGTON, MN
AREA SERVED: Residents of Nobles County, Minnesota. Must meet Federal Poverty Guidelines.
HOURS: Mondays, Wednesdays and Fridays, 11 a.m. to 2 p.m.
Call Manna Food Pantry for details.

• WORTHINGTON CHRISTIAN CHURCH FOOD SHELF, 1501 N. Douglas Avenue, Worthington, MN  56187, 507-376-36418, www.worthingtonchristianchurch.com
Provides a food pantry. Call for details.
HOURS: Tuesdays, from 3 to 7 p.m.; Thursdays, from 1 to 5 p.m.; Fridays, from 1 to 3 p.m.; and First Sunday of the Month, from 5 to 7 p.m.
OLMSTED COUNTY, MN
CHANNEL ONE FOOD BANK AND FOOD SHELF – ROCHESTER, MN, 131 – 35th Street, SE, Rochester, MN  55904, 507-287-2350. For additional information, contact Jennifer Woodford, Client Services, at 507-424-1721 or at jenniferwoodford@channel-one.org.
HOURS: From 8:00 a.m. to 6:00 p.m., Mondays through Thursdays, and from 8:00 a.m. to 12:00 noon, on Fridays.

PINE COUNTY, MN
FAMILY PATHWAYS – HINCKLEY FOOD SHELF, 321 Fire Monument Road, Hinckley, MN  55034, 320-384-7426. Alternate E-mail: kathyw@familypathways.org.
AREA SERVED: Serves Hinckley and Brook Park residents.
HOURS: Mondays, 10:00 a.m. to 6:00 p.m.; Tuesdays, 2:00 to 6:00 p.m.; Wednesdays, 9:00 a.m. to 6:00 p.m.; and Saturdays, 9:00 a.m. to 12:00 noon.

PIPESTONE COUNTY, MN
PIPESTONE COUNTY AREA FOOD SHELF, 617A Seventh Street, SW, Pipestone, MN  56164, 507-825-4414.
AREAS SERVED: Serves Pipestone County residents.
HOURS: Between 1:30 and 4:30 p.m., on Wednesdays.

REDWOOD COUNTY, MN
Contact the Redwood Area Food Shelf, Inc., at the phone number and address provided for full details.
HOURS: Between 10:00 a.m. and 12:00 noon, on Tuesdays and Thursdays.

RICE COUNTY, MN
WELCOME CENTER – FARIBAULT, MN, 24 W. Division Street, Faribault, MN  55021, 507-333-5036.
Contact the Welcome Center at the phone number and address provided for full details.

FARIBAULT AREA FOOD SHELF – FARIBAULT, MN, 200 Western Avenue, Faribault, MN  55021, 507-334-2137. Contact the Faribault Area Food Shelf at the phone number and address provided for full details.

NORTHFIELD COMMUNITY ACTION CENTER FOOD SHELF, 1651 Jefferson Parkway, Suite #HS200, Northfield, MN  55057, 507-664-3550.
HOURS: Between 11:00 a.m. to 5:00 p.m., on Mondays, Thursdays, and Fridays; and between 12:00 to 7:00 p.m., on Tuesdays. There is a first come, first serve distribution of fresh produce during the last hour the food shelf is open. Also, on Monday through Friday mornings, bread is made available on the table located outside the CAC offices on the second floor.
ROCORI SCHOOL DISTRICT/COLD SPRING AREA
ROCORI AREA FOOD SHELF, 217 Main Street, P.O. Box 307, Cold Spring, MN  56320, 320-685-8785, www.rocoriarealfoodshelf.org. Provides accessibility for individuals with disabilities.
AREA SERVED: For persons in need of assistance living in the Rocori area school district. Home delivery is available for individuals with disabilities and for individuals who are homebound.
FREQUENCY OF USE: Once per month.
HOURS: Mondays, from 10 a.m. to 2:30 p.m. Also, the third Monday of the month, also open from 5:30 to 7 p.m. Closed on December 26, 2016.
ID: Individuals must bring a phot ID and a recent postmarked piece of mail, with one’s name and address on it.

SHERBURNE COUNTY, MN
BIG LAKE COMMUNITY FOOD SHELF, 160 Lake Street, N., Big Lake, MN  55309, 763-263-2432. Located in the City Hall Building.
HOURS: From 5:30 to 7:30 p.m., on Mondays and Thursdays; and 9:00 to 11:00 a.m., on Wednesdays and the Second and Fourth Saturdays of the month.
Please contact Big Lake Community Food Shelf, at the phone number and address provided for full details.

STERNES COUNTY, MN
COMMUNITY CONNECTION FOOD SHELF – SAUK CENTRE, MN, 523 Sinclair Lewis Avenue, Sauk Centre, MN  56378, 320-352-2057.
Please contact Community Connection Food Shelf, at the phone number and address provided for full details.

SENIOR FOOD SHELF, SAUK CENTRE, MN, 1801 Central Avenue, NE, Sauk Centre, MN  56378, 612-788-9521.
Please contact Senior Food Shelf, at the phone number and address provided for full details.

TODD COUNTY, MN
AREAS SERVED: Serves all parts of Todd County, other than Broweville and Bertha. Requires ID with address.
HOURS: From 9:00 to 11:30 a.m., on Wednesdays and Fridays.
Please contact the Long Prairie Emergency Food Shelf, at the phone number and address provided for full details.

VERNDALE/ALDRICH, MN
VERNDALE/ALDRICH AREA FOOD SHELF, 402 NE Clark Drive, Verndale, MN  56481, 218-639-7687
AREA SERVED: For individuals and families in the Verndale/Aldrich areas who are in need of assistance. They provide food on an emergency basis for a three to four day period.
HOURS: Mondays, from 9 a.m. to 12:30 p.m. and Thursdays, at 9 a.m.

WABASHA/KELLOGG, MN
WABASHA/KELLOGG AREA FOOD SHELF, 1200 – 5th Grant Boulevard, Wabasha, MN  55981, 651-565-4531 or 651-565-4359. Located in Lower Level of St. Elizabeth’s Medical Center.
AREA SERVED: Residents of Wabasha County.
HOURS: Call to confirm/schedule. Mondays, from 1 to 4 p.m. and Thursdays, from 9 a.m. to 12 noon.
WASECA COUNTY, MN
NEW RICHLAND, (MN) AREA FOOD SHELF, 204 NW First Street, New Richland, MN  56072, 507-464-3635. Alternate E-mail: trinluth@hickorytech.net.
AREAS SERVED: Serves residents of New Richland, Ellendale, Hartland, Waldorf and Matawan, MN.
HOURS: Between 5:00 and 6:30 p.m., on Tuesdays, at Trinity Lutheran Church. Visits at other times may also be set up by appointment. To make an appointment, please call 507-465-3635.

WASECA AREA NEIGHBORHOOD SERVICE CENTER FOOD SHELF, 203 Third Avenue, NW, Waseca, MN  56093, 507-833-4119.
HOURS: From 9:00 a.m. to 5:00 p.m., Mondays through Fridays; and from 9:00 a.m. to 1:00 p.m., on the First and Third Saturdays of the month.
Please contact the Waseca Area Neighborhood Service Center Food Shelf, at the number and address provided for full details.

WRIGHT COUNTY, MN
BUFFALO (MN) FOOD SHELF, 301 – 12th Avenue, S., Buffalo, MN  55313, 763-684-1699.
AREAS SERVED: Must be a resident of Buffalo, Minnesota.
HOURS: From 5:30 to 8:00 p.m., on Tuesdays; from 6:30 to 8:30 p.m., on Thursdays; and from 10:30 a.m. to 12:30 p.m., on Fridays.

RIVERWORKS COMMUNITY DEVELOPMENT FOOD SHELF, 8230 Cedar Street, Rockford, MN 55373, 763-477-6098.
HOURS: From 5:30 to 8:00 p.m., on Mondays and Thursdays; and from 9:00 to 11:00 a.m., on Tuesdays.
Please contact the Riverworks Community Development Food Shelf, at the phone number and address provided for full details.

YELLOW MEDICINE COUNTY, MN
YELLOW MEDICINE – NEIGHBORS UNITED FOOD SHELF, 415 Ninth Avenue3, Granite Falls, MN 56241, 320-564-2211. Located in the Courthouse basement.
AREAS SERVED: Serves residents of Yellow Medicine County, including residents of Granite Falls, residing in Chippewa County.
HOURS: From 9:00 a.m. to 3:00 p.m., on Wednesdays.
Proof of current address is required for all members of the household. Use of the food shelf is limited to once per month with the exception of an extreme emergency situation.

RESOURCES FOR PET FOOD

PEOPLE AND PETS TOGETHER  www.peopleandpetstogether.org
The Pet Project delivers pet food to select food shelves. Web site lists food shelves and also lists resources for reduced cost veterinary care. Also check with Hunger Solutions for information.

11/29/2016