

Sunday Option 2

11:00 am - 6:00 pm | Up to 6 CEHs

Supervision Series

Convening Difficult Conversations on Race and Culture in Supervision

Reflective Supervision has become a nationally recognized tool to help agency supervisors not only evaluate and teach, but create space for deep listening, reflection and discussion of one's "context" in mental health supervision to guide learning. But what if there are racial, cultural and historical power divides between supervisor and supervisee that impact the safety and capacity to reflect and name context in each other's presence? Using question and answer, cross-cultural supervisor-supervisee panel examples, and application of Master Therapist Ken Hardy's concepts for promoting conversation about race and trauma in supervision, this advanced practice workshop seeks to spark growth in supervisors' ability to authentically create reflective practice, address performance, and repair rifts in the face of difference.

Learning Objectives:

- ▶ Name elements of Reflective Supervision which promote and preclude respectful "thinking aloud" about one's own mental health practice when culture, race and privilege differences exist between supervisee and supervisor.
- ▶ Increase supervisory strategies for convening difficult conversations about trauma, race privilege and performance in supervision, especially when one is a supervisor of color supervising white supervisees in established organizations, applying concepts of Dr. Ken Hardy.
- ▶ Increase practical ideas of how to challenge, mentor, and even champion one's supervisees within meetings and organizational structures, supervisees whose life experiences and cultural wisdoms generate different ideas than the status quo to address client concerns and reinforce mental health.

Krista M. Nelson, MSW, LICSW, LMFT, Trauma Consultant, Yonis Gabbow, MS, LAMFT, Kofi School Based Svs. Counselor, Shawn Schuette, MA, LMFT, Senior Clinical Spsvr. & Pahoua Yang, PhD, LICSW, Vice President for Community Mental Health – Amherst H. Wilder Foundation

This series is designed to help social work supervisors meet the MN Board of Social Work's requirements in the practice of licensing supervision.

*A lunch break will be held from 12:00 – 1:00 pm. A boxed lunch will be available for those who purchased one, otherwise attendees can visit Canal Park for more options.

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