### AWARD # YOUTH AGES 10 - 21

## MINNESOTA ASSOCIATION FOR

# children'smentalhealth

## Champion for Change Awards

2019 Submission Rules and Guidelines

Deadline: October 15, 2019

#### **Eligibility**

Applicants must be:

- Between the ages of 10 21
- · A resident of Minnesota
- An individual or a team of no more than five (5) people

#### **Award**

Winners will receive:

- A Commendation from Governor Tim walz
- A \$100 gift card
- A free ticket to attend our Annual Gala on November 1, 2019
- Two additional Annual Gala tickets for friends and/or family

#### **How to Enter**

Entries must be submitted by 11:59 PM on October 15, 2019. A complete entry consists of:

- Filling out the online entry form at: www.macmh.org/champion
- A video no longer than three minutes

Videos may be uploaded directly to the online entry form or you can provide a YoutTube or Vimeo link.

By submitting an award entry form, you/your parents/your legal guardian(s) agree with the submission rules and grant the use of entry material at MACMH's sole discretion. MACMH reserves the right to disqualify any entry.

#### **Winning Selections**

Award winners will be notified by Friday, October 25, 2019. Up to three award recipients will be selected.

Those chosen must reply to the winning notification email within 48 to confirm that they will be able to attend the MACMH Gala on 11/1/2019